

ACADEMIC REPORT 2017-2022



B M Institute of Mental Health

Near Nehru Bridge, Ashram Road, Ahmedabad

www.bminstituteofmentalhealth.com





B M INSTITUTE OF
MENTAL HEALTH

**Celebrating 70 Years
(1951-2021)**

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2017 - 2022



**B M INSTITUTE OF
MENTAL HEALTH**

**Celebrating 70 Years
(1951-2021)**

Vision & Mission

- To bring sea change in the quality of life of people related to mental Health and disability.
- To help special need children get integrated services.
- To develop as an institute of national importance.
- To participate in broad field of mental health and behavioral research.

Board of Trustee



Shri P. K. Laheri

IAS (Retd.) &
Former Chief Secretary,
Gujarat



Dr. Rajesh Maniar

Senior Psychiatrist



Smt. Meher Medora

Social Worker



Smt. Nayana Patel

Social Worker



Smt. Mana Sarabhai

Social Worker



Smt. Meeta Jhaveri

Social Worker



Smt. Kalpana Setalwad

Social Worker

Preface



**B M INSTITUTE OF
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**Celebrating 70 Years
(1951-2021)**

“Ultimately, there is no health without mental health” says Dr Tedros Adhanom Ghebreyesus Director-General of World Health Organization in the World Mental Health Report, 2022. The reality across the globe indicates that the majority of societies along with health and social system are not able to provide desired care and support to people suffering from mental health difficulties affecting their daily lives.

Founded in 1951 by the visionary Sarabhai family of Gujarat, the B M Institute of Mental Health has been tirelessly working in the frontier area of Mental Health and Disability Rehabilitation for past 7 decades. The Multidisciplinary approach for attending to problems of individuals and interdisciplinary approach for research and education provide a conducive environment for enrolled students of higher education to develop their knowledge and practical abilities. At the institute, we firmly believe in multisectoral engagement and encourage students from disciplines like design, technology, law, science, management etc. to explore ways for bringing research based work into the mental health and rehabilitation area.

The strong support from the Government of Gujarat has made it possible to sustain the Higher Education programs at the institute for developing qualified human resources for this field. The office of the Department of Higher Education and Commissioner of Higher Education has always appreciated and valued the specialized work of the institute which keep the team BMI motivated to deliver better every day.

The hand holding by the community has kept us going in every circumstance to serve people with mental health difficulties and disabilities. Valuable guidance from the Hon'ble Chairman and Trustees has kept the institute rise to every challenge coming on its way. This Academic Report of five years (2017-18 to 2021-22) would give you all a glimpse of the work done by the institute for strengthening the understanding in society that Mental Health is a lot more than the absence of illness.

Dr. Madhu Singh

Director

B M Institute of Mental Health



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Teaching FACULTY 2017-2022

Dr. Rajul Malik

Ph.D (Psychology), B. Ed (S.E.M.R), D.C.C.P., M.A.

Dr. Prachi Sharma

Ph.D (Psy.), M.Phil. Rehabilitation Psychology,
M.A., P.G. Diploma in Counseling

Dr. Mrityunjay Mukund

Master of Occupational Therapy (Psychiatry),
BOT, SIT, NDT

Ms. Jankeedevi Vaishnav

M.Phil. Clinical Psychology, M.Sc. Neuropsychology

Ms. Gurpreet Kaur

M.Phil. Clinical Psychology

Mr. Jaywant Makwana

M.Phil. Clinical Psychology

Mr. Narsinh Chaudhary

M.Phil. Clinical Psychology

Dr. Rakesh Sanghadiya

M.D. (Psychiatry)

Dr. Suhas Doshi

M.D. (Psychiatry)

Dr. Punita Grover

M.D. (Psychiatry)

Dr. B. Mallikarjun

Ph.D. in Speech and Audiology

Ms. Charu Dholakia

M. Ed (Special Education), D. Ed. (Special Education)



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Rehabilitation Team & Teachers 2017–2022

1	Dr. Rajendrakumar Pandya	Ph.D., M.Ed. (Special Education), B.Ed. (Special Education)
2	Ms Ketan Kiratsata	M.Ed., B.Sc., Diploma in Developmental Handicap
3	Mr. Hiren Dave	M.S.W. with specialization in Psychiatric Social Work
4	Ms. Parul Sonara	B.A., Diploma in Plastic Engineering
5	Ms. Meghna Vyas	B.A., TTNC, Diploma in Special Education (MR)
6	Mr. Sandeep Vadher	Post Graduation in Manufacturing Technology from N.I.F.T., B.Sc.
7	Ms. Bhumi Satapara	Bachelor in Audiology & Speech Language Pathology
8	Ms. Jyoti Sharma	Post Graduate Diploma in Rehabilitation Psychology, Masters in Clinical Psychology
9	Ms. Saman Hakim	Post Graduate Diploma in Rehabilitation Psychology, Masters in Clinical Psy
10	Mr Arpit Shah	Post Graduate Diploma in Rehabilitation Psychology, Masters in Clinical Psy
11	Ms Bhumika Anand	B. Ed. Special Education (MR), B.Com



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Rehabilitation Team & Teachers 2017–2022

12	Ms. Mansi Prajapati	Diploma in Special Education.-MR, B.A.
13	Dr. Hemali Patel	Bachelor of Occupational Therapy
14	Dr. Dhara Shah	Bachelor of Occupational Therapy
15	Ms. Kinjal Patel	MA, Psychology
16	Dr. Jalpa Bhat	Bachelor of Occupational Therapy
17	Ms Hina Suthar	Bachelor of Occupational Therapy
18	Dr Tejasvi Shah	Bachelor of Occupational Therapy
19	Dr Mansi Shah	Bachelor of Occupational Therapy
20	Dr Kajal Sahu	Bachelor of Occupational Therapy
21	Ms. Ankita Raval	MA, Psychology
22	Mr. Parth Shah	MA, Psychology, Diploma in Special Education
23	Ms. Deepanjana Chakraborty	MA, Psychology, Post Graduate Diploma in Rehabilitation Psychology
24	Ms. Shetal Shah	Bachelor in Audiology & Speech Language Pathology
25	Ms. Arti Thakkar	B. Ed. Special Education (MR), M.ED. Diploma in Developmental Handicap, Diploma in Arts Based Therapy



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Rehabilitation Team & Teachers 2017–2022

26	Ms. Radha Parmar	B.A, Diploma In Development Handicap
27	Mr. Anshuman Chavada	B.A, M.A, Diploma in Special Education (MR)
28	Ms. Jasmin Patel	B.SC, Diploma in Special Education (MR) B.ED Special Education
29	Ms. Manisha Shah	M.A., Post Graduate Diploma in Special Education-MR
30	Ms. Nirupkamal Ninama	B.Com., Diploma in Special Education (MR) B.Ed Special Education (MR)
31	Ms. Aku Rajput	B.Com, M.A., Diploma in Special Education (MR), B.Ed Special Education (MR)
32	Ms. Priti Purohit	M.A, B.Ed Special Education (MR)
33	Ms Hetal Jani	B.A.,T.T.N.C.
34	Ms. Sathvara Nirvisha Bhupendra	M.Ed. Special Eucation
35	Ms. Sumita Kusari	Post Graduate Diploma in Rehabilitation Psychology, Masters in Clinical Psy
36	Ms. Manisha Anjankumar Patel	12th,GNM Nursing



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About **B. M. Institute of Mental Health** **2017–2022**

B M Institute of Mental Health (1951) is one of the oldest Research Institutes in Asia offering Professional Education in Mental Health, Multidisciplinary Assessment, Intervention, Therapy and Skill Training to differently abled individuals and Rehabilitation Service related to Mental Health and Disability.

The Institute is registered under Bombay Public Trust Act (F-304) and recognized by Department of Higher Education, Government of Gujarat. As a Research Institute, the B M Institute of Mental Health (BMIMH) is under 100% grant of Department of Higher Education, Government of Gujarat. Dr. Vikram Sarabhai, Shri Gautam Sarabhai and Smt. Kamalini Sarabhai are founding Trustees of the institute. Shri P. K. Laheri, IAS and Former Chief Secretary, Gujarat is Chairperson of the Board of Trust of the institute. Government officials representing Higher Education, Health and Family Welfare and Social Justice and Empowerment are members of Board of Management along with Trustees and Director of the institute. The institute is having registration under 80G of Income Tax Act and FCRA to receive foreign contribution for activities of the institute.

B M Institute of Mental Health is affiliated with Gujarat University from 1972 onwards, Dr. Babasaheb Ambedkar Open University and Childrens' University of Gujarat. Rehabilitation Council of India (RCI), New Delhi recognizes BMIMH for offering Professional Education Programs for disability field. Three professional education courses are being offered to prepare a cadre of healthcare and rehabilitation professionals to work in the field of mental health and disability rehabilitation. Research based best practices in teaching and learning is the key feature of profession training at this institute. Research Work, Faculty/Professional

Development Programs, Workshops, Seminars/Webinars and other similar activities are in continuous practice throughout the year at the institute.

The multidisciplinary mental healthcare services in the institute premises work as the practical laboratory for the higher education students who work under supervision of teaching faculty for hands on practical training in the subject field. Out Patient Department of the institute was inaugurated by Dr. Sarvapalli Radhakrishnan in 1955. Psychiatrist, Psychologist, Social Worker, Special Educator, Occupational Therapist, Speech Therapist, Genetic Counselor and Diet Counselor are part of the expert team who conduct assessment and evaluation according to reported complain and also provide need based therapy and intervention services to reported cases.

Other rehabilitation service units include Early Intervention Unit for Children below 6 years, Special School for Intellectually Challenged below 18 years Vocation Training Center and ITI for Intellectually Challenged above 18 years, Day Care Rehabilitation Unit for Patients with Mental Illness above 16 years and Day Care Centre for Intellectually Challenged above 40 years. A group is also working exclusively for individuals with autism spectrum disorder.

The education, training, rehabilitation services of BMIMH cater to over 300 beneficiaries every day from all sections of society where majority are from vulnerable section. Over 9000 therapeutic sessions are conducted every year in the Out Patient Department of the institute. BMIMH is also actively working for community awareness on the subject of Mental Health and Disability Rehabilitation. Pehchaan is an initiative of B M Institute of Mental Health that works to promote economic rehabilitation of mentally ill and intellectually challenged adults.

B M Institute of Mental Health also encourages students from other disciplines of Higher Education to have educational visit/placement at the institute and allow for internship to selected candidates at the institute under supervision. Students from Gujarat University, National Institute of Design, Architecture, Indian Institute of Technology, Law University, Forensic University, Indian Institute of Management, Nursing Colleges, Tata Institute of Social Sciences etc have been given/provided opportunity to develop their learning from the field of Mental Health and Disability Rehabilitation and also contribute to this field with their understanding to help develop services and technologies for this field.



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Major Academic Activities Include

**1.
Higher
Education
Courses**

**2.
Research
Work and
Publication**

**3.
Faculty
Development
Programs**

**4.
Consultancy
Projects**

**5.
Continuing
Rehabilitation
Education**

**6.
International/
National/
State level
Workshops &
Seminars**

**7.
Internships/
Placements**

**8.
Educational
Visit at the
institute**

**9.
Guiding
Ph. D students**



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1. Currently offered Higher Education Courses

1.1 Post Graduate Diploma in Rehabilitation Psychology (PGDRP)

This RCI approved professional education program is affiliated with Gujarat University with 25 seats and is offered only at this institute in Gujarat State. The institute is adding qualified and professionally trained Rehabilitation Psychologist in the work force of Gujarat with 100 percent result every year. On successful completion of this course, RCI recognize them as registered Rehabilitation Psychologist providing them license to offer their services as per the Rights of Persons with Disability Act, 2016 and Mental Healthcare Act, 2017. This course is offered from 2009 onwards in full time face to face mode.

1.2 Professional Diploma in Clinical Psychology (PDCP)

This RCI approved professional education program is affiliated with Gujarat University with 20 seats and is offered only at this institute in Gujarat State. The institute is adding qualified and professionally trained Clinical Psychologist in the work force of Gujarat with 100 percent result every year. On successful completion of this course, RCI recognize them as registered Clinical Psychologist (Associate) providing them license to offer their services as per the Rights of Persons with Disability Act, 2016 and Mental Healthcare Act, 2017. This course is offered from 2017 onwards in full time face to face mode.

1.3 B.Ed. Special Education (Intellectual Disability)

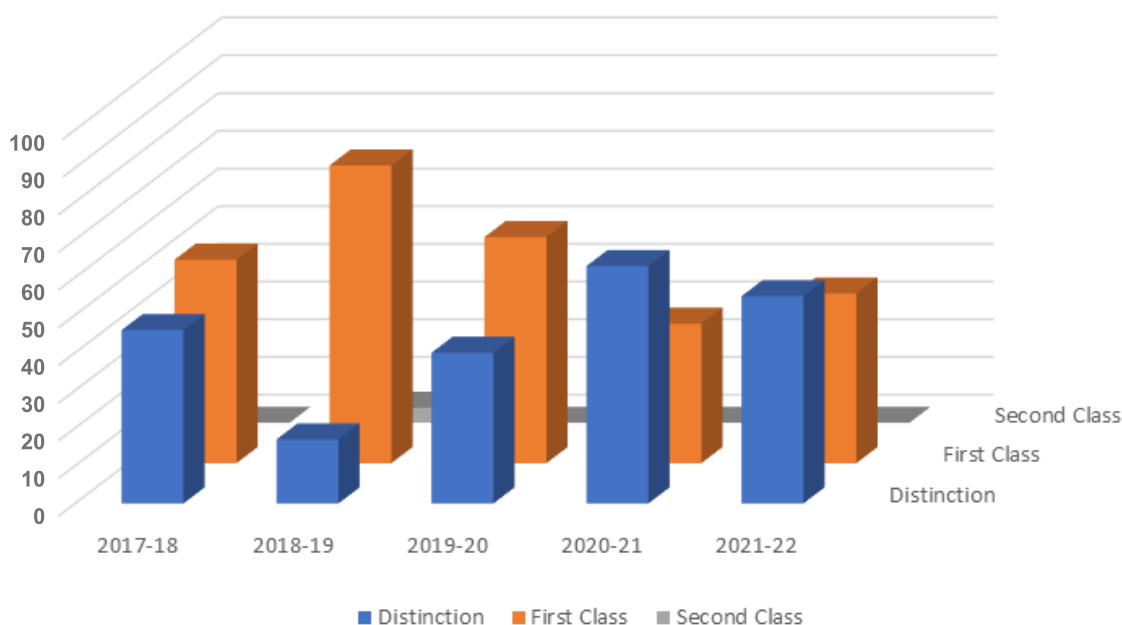
The institute is one of the Study Centre under Dr. Babasaheb Ambedkar Open University to offer B.Ed. Special Education in Intellectual Disability in Distance Mode. The said course is also recognized by RCI, New Delhi and on successful completion of the course, enrolled candidates are registers with RCI providing them license as Special Educators.

1.4 Post Graduate Diploma in School Counseling

BMIMH is having affiliation with Children's University to offer Post Graduate Diploma in School Counseling in full time face to face mode from 2021 onwards. There are no admission as on 2022 in the said educational program.

1.5 Academic Performance Report

B M Institute of Mental Health is currently offering RCI approved and Gujarat University Affiliated Higher Education Courses in Clinical Psychology and Rehabilitation Psychology. The focused teaching and rigorous training of enrolled students in subject field is adding human resource in the work force of Gujarat. Annual performance of last 5 years in both the programs makes the institute proud where 100% students are passed. Majority of students pass their course either in Distinction or First Class.



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2. Research and Publication

Being a Research Institute working primarily in the field of Mental Health and Disability Rehabilitation, Interdisciplinary approach of teaching, learning and research work has been core way of functioning at this institute. Teaching Faculty, Multidisciplinary Clinical Team and Students are engaged in research work throughout the year for the purpose of adapting to research based best practices for providing need based service delivery to people having mental health difficulties and/or disabling conditions. BMIMH also engages with other educational institutions for collaborative research work. IIT, Gandhinagar, Nirma University, NID, Hospital for Mental Health and many other are jointly working on research and development related to the subject field. Research Advisory Committee had been formed with leading multidisciplinary experts to advice on proposed research work. Few noted published researches are mentioned below;

- 1.** Research Paper on 'Status of Mental Toughness of the citizens of Ahmedabad' By Dr. Rajul Mallik published by International Journal of Indian Psychology, ISSN No. 2349-3429, Volume 5, Issue 2 in 2017.'
- 2.** Exposure of academic training to the itinerant group children and their intelligence level and intellectual functioning: some preliminary findings.' By Ms. Prachi Sharma published in International Journal of Indian Psychology (IJIP), Volume 8, Issue 4, Online ISSN No. 2348-5396, Print ISSN No. 2349-3429. (Oct-Dec 2020).'
- 3.** Low Self-Esteem and Psychopathology in Children with Subnormal Intelligence' by Ms. Prachi Sharma published in International Journal of Interdisciplinary Research and Innovations (IJIRI), Volume 8, Issue 4, pp.33-42, Print ISSN No. 2348-1218. (Oct-Dec 2020).
- 4.** Need of Early Childhood Care (ECC) in Education for Prevention from Developmental Psychopathology' by Ms. Prachi Sharma published in Scientific and

Engineering Research Society- IJACM, Volume 8, Issue 8, ISSN No. 2250-2297.

- 5.** A study of Occupational Stress among Professionals.' By Dr. Rajul Mallik published in Indian Journal of Applied Psychology, Volume 10, Issue 5, ISSN No. 2249-555X. (May 2020).
- 6.** An online Poster Presentation on a study done in collaboration of B.M. Institute and IIT, Gandhinagar on 'Portable Joint Attention Skill Training Platform Augmented with Virtual Reality and Automated Face Detection Algorithm Implication for Children with Autism' in a webinar conducted by International Society for Autism Research (INSAR) during June 2020 jointly by Prachi Sharma, Faculty and Ph.D. scholar of IIT, Gandhinagar.
- 7.** A Comparative Study on Level of Anxiety Among People of Practitioner And Non Practitioner of Yoga published in International Journal of Creative Research Thoughts(IJCRT) ISSN: 2320-2882 in March, 2022 by Narsinh Chudhary
- 8.** Study to understand the mental wellbeing of Mothers of children with special needs during covid 19 pandemic in International Journal of research and analytical reviews E-ISSN:2348-1269,P-ISSN:2349-5138 by Narsinh Chaudhary, Madhu Singh, Jankee Vaishnav, Jayvant Makwana in March, 2022
- 9.** Research paper on Impact of Covid-19 Restrictions on psycho-social behaviour of adults published by in a peer-reviewed journal named International Journal of Indian Psychology (IJIP), entitled "" vol.-10, issue -1 Jan-March- 2022 by Prachi Sharma and Hiren Dave
- 10.** "Mansik Xati Dharavta Balako na Sixan ma Parivar ni Bhumika" A chapter in the book named "World of Children" Edited Articles and Research Papers ISBN No.978-93-89910-24-7 by Dr. Rajul Mallik, Faculty of Psychology.
- 11.** "Why Early Childhood Care is important in Education", A chapter in the book named "World of Children" Edited Articles and Research Papers ISBN No.978-93-89910-24-7 by Prachi Sharma, Faculty of Psychology.
- 12.** "Holistic Development of a child-Early Intervention under Occupational Therapy Unit", A chapter in the book named "World of Children" Edited Articles and Research Papers ISBN No.978-93-89910-24-7 by Dr. Mritunjay Mukund, Faculty of Occupational Therapy.
- 13.** The institute published "Mahiti Pustika" in Gujarati containing information on

categories of disabling condition, government policies, benefits and contact details of government offices as well as special schools, therapy centers etc. in Gujarat State.

14. Mental Health- An important but ignored part. Ms. Prachi Sharma

15. Survey to understand the Psychological well-being among Law Students. Ms. Prachi Sharma

16. Effect of Mental Health Awareness Program on Nursing Students. (March-April 2020) Ms. Prachi Sharma and Mr. Hiren Dave

17. Psychological Well-Being among Law students. (April 2020). Ms Prachi Sharma and Mr. Hiren Dave

18. Psychosocial Effect on Adults during COVID-19 Lockdown Period (May 2020) Ms. Prachi Sharma and Mr. Hiren Dave

19. "The impact on parent's martial relationship due to child having Cerebral Palsy". Articles published in "Lagn Samayojan" ISBN no. 978-81-950275-3-8 by Faculty and Rehabilitation Personnel of B M Institute of Mental Health in 2021.

--Marriages and Mutual Adjustments- Shri P.K.Laheri

--The impact on parent's martial relationship due to child having Cerebral Palsy
- Dr. Mritunjay Mukund

--Lagn Jivan ma Samayojan na Ghatako- Dr. Rajul Mallik

--Impact of Marital Disharmony on Children - Dr. Prachi Sharma

--Vaivahik Jivan Uper Corona ni Asar- Dr. Rajendra Pandya

--Vaivahik Jivan Uper Corona ni Asar (Social Worker's Perspective)- Mr. Hiren Dave

--Divyang balako na karne Mata-Pita na Vaivahik Jivan ma Samasya- Mr. Arpit Shah

2.1 Collaborative Research Work

1. Electrical Engineering branch from IIT Gandhinagar conducted study at BMIMH on Children with Autism to understand the Joint Attention Skill.

2. Institute of Science, NIRMA University studied the genetic aspect of children with intellectual impairment jointly at BMIMH.

3. Toy and Game Design from NID, Gandhinagar conducted collaborative study at BMIMH on children with intellectual impermanent for developing inclusive playground.



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3. Faculty Development Program

Knowledge Consortium of Gujarat is financially supporting B M Institute of Mental Health for jointly organising 30 hours Faculty Development Program on Mental Health and Higher Education in online mode from 2021. On special interest of Shri M. Nagarajan, CEO, KGC on FDP for teaching personnel of Government and Grant in Colleges of Gujarat State, in 2021. Total 224 and in 2022 total 159 teaching personnel including Professors and Principals from multidiscipline (Language, Law, Arts, Banking/Accounting, Commerce etc.) successfully completed the FDP. Qualified and trained resource team was selected by B M Institute for effective delivery of the FDP content engaging and sensitizing the participant on the subject of mental health related issues and its possible management for students of higher education institutions. Leading Psychiatrists, Psychologists, Professors and Counsellors were part of the resource team.

Youth Wellbeing	Dr. Madhu Singh, Director, BMIMH
Understanding Mental wellbeing and Mental Healthcare Act, 2017	Ms. Yesha Vyas, Psychologist and Psychotherapist, Ahmedabad
Community and Mental Health	Dr. Rajul Mallik, Faculty and Academic Head, BMIMH
General Understanding of Mental Health, NCRB in context to Suicide & Suicide Prevention	Ms. Meenakshi Gupta, Psychotherapist, Ahmedabad
Inclusion of Persons with Disability in Higher Education in context to RPWD Act, 2016	Dr. Madhu Singh, Director, BMIMH
Positive Mental Health and Psychological First aid	Dr. Suhas Doshi, Psychiatrist, GIPS, Ahmedabad

Mental Health Challenges faced by
Higher Education Students

Dr. Punita Grover, Psychiatrist, GIPS,
Ahmedabad

Innovation and participatory pedagogy
in learning and assessment & Multiple
Intelligence: Every being is unique

Dr. Sanjay Gupta, Professor, Children
University, Ahmedabad

Mental Health Challenges for
Incarcerated Individuals: Role of
Forensic Psychologist

Dr. Proshanto Saha, Faculty,
NFSU, Ahmedabad

Home Assignment – Understanding Inner Potential as Teachers

NEP on Higher Education

Dr. Pradeep Mallik, Professor and Head,
Dept. of Languages, Literature and
Aesthetics, PDEU. Ahmedabad

Barriers/Challenges and Way forward

Dr. Prachi Sharma, Faculty and Head of
Mental Healthcare Services, BMIMH

Essential Counselling skills for
Higher Education Teachers
Healthy and Happy Students in
reference to Education and Psychology
Media and Mental Well-being

Dr. Nimrat Singh, Psychologist and Founder
of Tangram, Ahmedabad
Dr. Darshna Thakkar, MD, Ahmedabad

Suicide and Depression

Mr. Parth Shastri , Senior Assistant Editor,
TOI, Ahmedabad
Dr. Rajendra Anand, Psychiatrist and CEO ,
Kanoria Hospital, Ahmedabad



Dr. M. K. Bhatnagar
Director, Higher Education
Government of Gujarat



Knowledge Consortium of Gujarat
in collaboration with
 B M Institute of Mental Health

**Online FDP on Mental Health and Higher
Education**

Date - 1st to 15th February, 2021
Time - 03:00 pm to 05:00 pm



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4. Consultancy Project

4.1 Special Teachers Training Project (2020): Samagra Siksha, Government of Gujarat

The BM Institute of Mental Health got approval on its project proposal from Samagra Siksha, Gandhinagar for Teachers Training in the field of Special Education. 2125 Special Training of Teachers from 33 districts of Gujarat State under Samagra Siksha was successfully conducted in August–September 2020. 16 hours of online training covered the following topic with subject experts of the institute:

1. Online teaching for Special Needs Children: Issues and its management' by Ms. Jankeedevi Vaishnav, Ms. Ila Panchal and Mr. Rajendra Pandya.
2. Self-Care and Hygiene for Special Need children and adolescent' by Dr. Mrityunjay Mukund, Mr. Anshuman Chavda, Dr. Tejasvi Shah and Dr. Hemali Patel.
3. Home-Management of Problem Behavior' by Ms. Prachi Sharma and Ms. Aku Rajput.
4. Pre-Vocational Training for Special Ability Children' by Dr. Rajul Mallik, Ms. Arti Thakkar and Ms. Priti Purohit.

4.2 Project for E-Resource Creation for Parents Training of Children with Special Needs (2020):

The proposal of BMIMH got approval from Samagra Siksha, Gandhinagar for e-content creation for training of parents having children with disabilities namely, ID, LD, CP, Autism, ADHD, etc. on various screening, assessment and interventions available for CWSN. E-Resource/ Content Creation for Development of Children with Special Needs on 23 different topics categorized in following areas:

1. Early Identification of Intellectual Disability, Learning Disability, Autism Spectrum Disorder, Cerebral Palsy, Neurodevelopmental Disorder, Speech Disability

2. Multidisciplinary approach and intervention
3. Medical treatment
4. Life Skill Training
5. Pre-vocational Training.

4.3 Consultancy Project of NID, Ahmedabad

B M Institute of Mental Health work as a community partner to help other educational institutions and Government and Non-government agencies develop and maintain need based services related to Mental Health and Disability Rehabilitation. Under mutual agreement with NID, Ahmedabad, BMIMH helped the design institute to identify problems affecting student's mental well-being. Counseling Services was offered to the institute's students and faculty members on weekly basis by the expert counseling team of BMIMH. The institute also provided consultancy service to Admission Committee of NID for verifying the admission application of Persons with Disabilities. It is stated here that according to RPWD Act, 2016, there are 5% reservation is for Persons with Disabilities. The institute also oriented the staff of NID to conduct Disability Audit of the facilities and infrastructure of the institute to comply with the guidelines of the RPWD Act.





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5. National and State Level Continuing Rehabilitation Education (CRE) with Prior Approval from RCI, New Delhi.

B M Institute of Mental Health is unique as an academic institution as it is under Government of Gujarat as a Research Institute which holds recognition from Rehabilitation Council of India, New Delhi to develop registered Human Resource under RCI to work with License in the rehabilitation and mental health field. RCI grants prior training for organizing National/State Level Continuous Education and Training Program for professionals recognized with license by RCI. Till date, the institute has trained over 4000 RCI registered professionals. Details of some of the programs are as below;

The poster is for a 'LIVE WEBINAR' titled "IMPACT OF COVID-19 ON EDUCATION SECTOR". It is a program jointly organized by B M Institute of Mental Health and IIPA. The event is scheduled for November 27, 2020, starting at 5:00 PM onwards. The poster features the B M Institute of Mental Health logo, the RCI logo, and a COVID-19 virus icon. It lists the following participants:

- Chief Guest:** Smt. Pooja Sharma, IAS (Principal Secretary, Higher & Technical Education)
- Keynote Speaker:** Smt. Pradyumna Kaur (Former Secretary, IIPA)
- Speaker:** Smt. Sanjay Vermani (Educationalist)
- Speaker:** Smt. P. M. Shah (Former Secretary, RCI and Hon. Secretary, IIPA)
- Moderator:** Dr. Meeta Singh (Director, IIPA)

For E-Certificate of Participation, register here
<https://forms.gle/kgPGVu9qzF2G4Evv6>

--State Level CRE Workshop 'Promotion of School Mental Health' in July 2017.

--State Level CRE Workshop on Awareness for Learning Disability among School going children in April, 2018.

--State Level CRE Workshop on Research in Disability Rehabilitation in October, 2018.

--State Level CRE Workshop on Managing Behavior in Classroom and Home in February, 2019.

--State Level CRE Workshop on Rights of Persons with Disabilities and its implications in August, 2019.

- State Level CRE Workshop on “Media and Disability” in January 2020.
- National Level Webinar on Best out of Waste Workshop on TLM Preparation in March 2021
- State Level CRE on Physical Education, Sports and Games in December 2020
- National Level CRE on Promotion of School Mental Health Program in August, 2021
- National Level CRE on Language Development: Activities and Materials in December, 2021
- National Level CRE on Community Based Rehabilitation in March, 2022



Education Department
Government of Gujarat

SCOPE
Society for Creation of Opportunity Through Proficiency in English
A Government of Gujarat Initiative

Society for Creation of Opportunity Through Proficiency in English
Invites You To Join

One Day Webinar
ON

New Mindset - New Era

Join Us On

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DATE
19/12/2020

TIME
12:00 AM to 01:30 PM

Smt. Anju Sharma, IAS
P.S. (Higher & Technical Education)
Chairperson, SCOPE

Shri M. Nagarajan, IAS
Director, Higher Education
& CEO, SCOPE

Smt. Madhu Singh
Director,
B.M. Institute of Mental Health, Ahmedabad

Smt. Manasi S. Shrivani
Joint CEO,
SCOPE

    /scopegujarat

 <https://bit.ly/Reg-Webinar4>



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6. International/National/ State Level Workshop/Seminar

International

1. Psychoanalysis in 21st Century on 7th December 2017
Speakers - Michael Brearley and David Black, Psychoanalysts from British Psychoanalytic Society
2. Understanding Autism: Parent's and Professional's Perspective on 03/04/2021
Speakers- Sheetal Nair, Board Certified Behaviour Analyst, New York, USA
3. Compassion in Health Services A Professional Perspective And Reflection on 31/05/2021
Speaker- Dr. Shripati Upadhyay, Clinical Psychologist, United Kingdom
4. Hope, Disappointment and Despair on 18/01/2022
Speaker- Michael Brearley, Psychoanalyst and Former Captain of England Cricket Team, London

National and State level Seminars and Workshops

1. Seminar on 'Benefits of N.I.O.S. for Special Needs Children' on 1st April 2017
2. Seminar on 'Genetics and Autism' on 1st April 2017 for professionals working with individuals with autism
3. Parent training workshop on 'Understanding Children with Motor Difficulties' on 19th June 2017
4. Parent Training Program on 'Management of children with Special Needs' from 22-24th August 2017.



5. Session on Rights of Persons with Disability Act, 2016 at Gujarat Institute of Mental Health on 9th September 2017
6. Seminar for Parents of Children with motor difficulties on 27th November 2017
7. Seminar on 'Understanding Developmental Delay amongst children' for staff and students of the institute on 30th December 2017
8. Parent training program on 'Vocational Training and Rehabilitation of Individuals with Intellectual Disability' on 21st January 2018
9. Seminar on Jacobsons Progressive Muscular Relaxation Technique (JPMR) for staff and trainees on 3rd February 2018
10. Parent Training Workshop on Managing Individuals with Autism Spectrum Disorder on 2nd April 2018
11. Parent Training Program on 'Psychoeducation of Parents of Individuals with mental illness' on 3rd March 2018
12. Seminar on 'Building Happiness and Optimism' for staff members on 17th March 2018
13. Stress Management Workshop at National Institute of Design on 8-9th August 2018
14. Seminar for professionals and parents on Down Syndrome: An Entity with Difference on 18th August, 2018

15. Parent Training Program on Activities of Daily Living of Children with Intellectual Disability on 5th January, 2019
16. Captaining a Team, Captaining Ourselves by Michael Brearley on 31st January 2019
17. Seminar on Autism Awareness on 2nd April, 2019
18. Seminar on Schizophrenia: Acceptance and Support on 24th May, 2019
19. Workshop for Parents on "World Yoga Day" on 21st June 2019
20. Seminar on Auditory Verbal Therapy on 4th September, 2019
21. Parents training for children with motor and cognitive difficulties on 19th October, 2019
22. Seminar on Psycho-Education and Medico-Legal Aspects in Mental Illness for DCU Parents on 15th February, 2020
23. Yoga Day for Children with Special Needs on 21st June, 2020
24. Suicide Prevention: Unlocking Truth on 10th September, 2020
25. Nutrition, Mental Health and Disability on 25th September 2020
26. Mental Health of Students: The Way Forward on 10th October, 2020
27. Reading Writing Issues of Children on 26th October 2020
28. Role of Occupational Therapy in Pandemic on 27th October 2020



International Webinar on Autism Spectrum Disorder
UNDERSTANDING AUTISM: PARENT'S AND PROFESSIONAL'S PERSPECTIVE

Key points:

- > About Autism
- > Autism through a parent's eye
- > Available Therapeutic Interventions
- > Various Biomedical approaches
- > Importance of ABA
- > Advancement in ABA
- > Collaborative services such as Speech, OT, PT.
- > Role of parents and caregivers in treatment protocol.
- > Significance of parent training.
- > A.D.L. & S.S.R.I Training for Individuals with Autism.



Sheetal Nair
Keynote Speaker



Aru Rajput
Special Speaker

Joining Link
Link : <https://bit.ly/3qkqy9G>

Date: 3rd April, 2021 Time: 3 pm to 5 pm
Organized by : B M Institute of Mental Health, Ahmedabad



INTERNATIONAL WEBINAR
"COMPASSION IN HEALTH SERVICES
- A PROFESSIONAL PERSPECTIVE AND REFLECTIONS"

Monday, 31st May 2021
Live start at 2.00 PM IST

JOINING LINK : <https://bit.ly/2SpHYeY>

ABOUT THE SPEAKER
Dr. Shripati Upadhyaya, is a practicing Clinical Psychologist in United Kingdom having British Nationality. He is Ph.D. in Clinical Psychology from NIMHANS and further studied Applied Forensic Psychology from University of York, England. Few areas of his special interest are Behavioural Medicine, CBT, Transcultural Psychiatry and Psychology, Emotional Intelligence and Mindfulness Meditation. Dr. Upadhyaya was also associated with the B M Institute of Mental Health during 1972-75 as Clinical Psychologist. There are large numbers of publications to his credit in the subject field. Some of his professional associations include British Psychological Society, Health Care Profession Council, UK, British Association for Behavioural Cognitive Psychotherapy, National Autistic Society, UK, EMDR Association UK and Ireland.



DR. SHRIPATI UPADHYAYA

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29. Arts Based Therapy: Tools to Transform on 9th November 2020
30. Impact of COVID-19 on Education Sector on 27th November 2020
31. Cerebral Palsy- Current Approaches on 15th December 2020
32. Online Session to celebrate "World Yoga Day" at Sharda School on 21st June 2021.
33. Seminar on Development for Speech Therapy by Speech Pathologist and Audiologist, Dr. Mallikarjun on 17th July, 2021.
34. World Suicide Prevention Day: Awareness Program on Suicide Prevention' organized on September 15, 2021.
35. Sensitization/ Awareness Seminar on Autism Spectrum Disorder by Dr. Saroj Arya on September 30, 2021.
36. Seminar on Autism spectrum disorder 30/09/2021 Speaker Dr. Saroj Arya, Former Head, Rehab Psychology Dept. NIPID, Secunderabad
37. Seminar on Language Development of Special Needs Children 17/07/2021 Speaker Dr. B. Mallikarjun, Senior Audiologist and Speech Pathologist, Ahmedabad
38. Joint Seminar on Multidisciplinary Approach of Understanding Disability, Early Identification and its Management with Gujarat University 29th and 30th March 2022





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Institute at a Glance







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7. Internships/Placements at BMIMH

Students of Universities and Higher Educational Institution are provided internships at BMIMH for development of their understanding in the subject field. Students supervised by teaching faculty of the institute during their placements / internships and help them gain professional experience. Students from below mentioned educational institutions were provided internship opportunities at the institute;

1. Gujarat University, Ahmedabad
2. M.S. University, Baroda
3. Smt. K.P. Institute of Physiotherapy and Occupational Therapy, Anand
4. St. Xavier's College, Ahmedabad
5. Institute of Psychology and Research, Bengaluru
6. V.S. Hospital, Ahmedabad
7. S.K.P.P. Institute of PT and OT, Anand
8. IIT Bombay
9. IIT Gandhinagar
10. Sophia College, Mumbai
11. Manipal University, Jaipur
12. Nirma University, Ahmedabad
13. National Institute of Design, Ahmedabad and Gandhinagar
14. PDEU, Gandhinagar
15. Amity University, Noida
16. Christ University, Bangalore
17. Tata Institute of Social Sciences, Mumbai



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8. Educational Visits at BMIMH

B M Institute of Mental Health firmly believe in collective wisdom of all discipline for betterment of society. Students and Teaching Faculty of various institution are allowed to visit the institute for teaching, learning and research purposes.

- Adani Inst. of Infrastructure Engineering, Ahmedabad
- Anna University, Chennai
- Ahmedabad Institute of Medical Science, Dept. of Physiotherapy, Ahmedabad
- Ahmedabad Institute of Nursing Science, Lapkaman, Ahmedabad
- Akar College of Physiotherapy, Ognai, Ahmedabad
- Alpha Institute of Architecture Studies
- Anant Inst. of Architecture, Ahmedabad
- Arush Physiotherapy College, Ahmedabad
- Ahmedabad University, Ahmedabad
- Central University of Gujarat, Gandhinagar
- Civil Hospital, Nadiad
- CEPT University, Ahmedabad
- ESIC School of Nursing, Khokhara
- Indus University, Ahmedabad
- Gujarat Technological University, Gandhinagar
- Govt. Nursing College, Patan
- GCS School of Nursing, Ahmedabad
- Gujarat University, Ahmedabad

- Gujarat Vidyapeth, Ahmadabad
- Gujarat Commerce College, Ahmedabad
- General Hospital, Limdi
- General Nursing School, Nadiad
- Hemchandracharya North Gujarat University, Patan
- Hospital for Mental health, Ahmedabad
- IIPH, Gandhinagar
- Indus University, Ahmedabad
- Indubhai Parekh School of Architecture, Rajkot
- Karnavati University, Gandhinagar
- Khyati School of Nursing, Ahmedabad
- M. B. Patel Rastrabhasha Arts & Commences College, Ahmedabad
- MS University, Baroda
- ManikakaTopawala Inst. of Nursing, Change
- MIT college, Aurangabad
- National Institute of Design, Ahmedabad
- Navkar Institute of Nursing, Odhav, Ahmedabad
- Parul University, Vadodara
- P. R. Patil College of Architecture, Amravati, Maharashtra
- Pandit Deendayal Energy University, Gandhinagar
- River Side School, Ahmedabad
- Swarnim Startup & Innovation University Gandhinagar
- S.P. University, Vidyanagar
- Sankersinh Vaghela Bapu Inst. of Nursing, At: Vasan, Gandhinagar
- Shree H. K. Arts College, Ashram Road, Ahmedabad
- Unitedworld School of Liberal Arts & Mass Communication (USLM)
- Victoria Jubilee College of Nursing, Ahmedabad



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9. Ph. D. Guide

Dr. Madhu Singh, Director of B M Institute of Mental Health has been guiding Doctoral students of Rashtriya Raksha University, Gandhinagar and Pandeet Dindayal Energy University, Gandhinagar

10. International Journal Reviewer

Dr. Madhu Singh, Director is associated with IEEE Transactions on Neural Systems and Rehabilitation Engineering as Journal Reviewer.

TNSRE serves the community of biomedical engineers and clinical researchers who work at the intersection of neuroscience and physical medicine. This international journal publish novel approaches and technologies for better understanding of neural systems, human movement, and the relationships between them, with a focus on assistive devices that improve life for persons with disabilities, for practicing clinicians, and for everyday use.

The articles in this journal are peer reviewed in accordance with the requirements set forth in the IEEE PSPB Operations Manual (sections 8.2.1.C & 8.2.2.A). Each published article is reviewed by a minimum of two independent reviewers using a single-blind peer review process, where the identities of the reviewers are not known to the authors, but the reviewers know the identities of the authors. Articles are screened for plagiarism before acceptance.



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11. Felicitation



**Shri Vijay Rupani, Chief Minister of Gujarat felicitated
Dr. Madhu Singh, Director of B M Institute of Mental
Health on Women's Day**



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12. Supported Projects

B. M. Institute of Mental Health seeks support from society for projects related to the field of Mental Health and Disability Rehabilitation. On approval of submitted Project Proposal, hand holding and financial support are provided by community partners, philanthropists and corporate companies to run the project. The projects and related services provide learning opportunities to enrolled higher education students and special needs beneficiaries of the institute. Following projects were successfully executed between 2017 to 2022.

PROJECT – NAARI SHAKTI supported by ONCG

PROJECT- SHARDA supported by State Bank of India

PROJECT –PRAYATNA supported by KHS Machinery Pvt. Ltd.

PROJECT – CHETAN supported by Milacron India Pvt. Ltd.

PROJECT – SHODH supported by Milacron India Pvt. Ltd.

PROJECT – PEHCHAAN supported by Heart Foundation

PROJECT – SANMAN supported by Milacron India Pvt. Ltd.

PROJECT – SANSHODHAN supported by Klockner Desma Machinery Pvt. Ltd.

PROJECT – Deviprasad Rai Pottery Studio supported by siblings of Devi Prasad Rai



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13. AWARD BY EDUCATION DEPARTMENT, GUJARAT

5th of February, 2018 was a day of pride and honor for B. M. Institute. The Education Department, Govt. of Gujarat presented an award to the institute at the Grand Education Fair for being one of the best educational institutes in Gujarat State. B. M. Institute of Mental Health was proudly a part of the Grand Education Fair conducted in June, 2017 and February, 2018 by Education Department, Government of Gujarat. For generating awareness and knowledge in society about mental health and rehabilitation, BMIMH is successfully moving forward towards achieving its goal for its prominent establishment in the society. The institute was awarded 3rd Position by Government of Gujarat where over 75 Higher Educational Institutions, Universities and Colleges from Gujarat State were participating to showcase their institutions activity.





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14. Recognition to Students of BMIMH

Naureen Mansure, Student of Professional Diploma in Clinical Psychology course won award for Best Paper in Scientific Session during International Mental Health Conference held on 10-11 October, 2019 at Gujarat University

Priti Makwana, Hipal Gajjar and Ridhhi Barriya, Student of Post Graduate Diploma in Rehabilitation Psychology course won best poster presentation award during Psychology Mela organized by Saurashtra University, Rajkot between 26- 28 February, 2019.





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15. Liabrary

The one of its kind library of B M Institute of Mental Health comprises of a vast range of publications on multiple subject categories including Psychiatry, Psychology, Special Education, Physiology, Neurosciences, Development, Brain, Speech and Language, Occupational Therapy, Ergonomics and many more subject field...

PHILOSOPHY And RELIGION

ANTHROPOLOGY

POLITICS

LAW

SCIENCE

SOCIOLOGY

SUICIDE

SOCIAL WORK

JUVENILE DELINQUENCY

CRIMINOLOGY

SEX

WOMANHOOD



MARRIAGE

FAMILY

CHILD DEVELOPMENT & PSYCHOLOGY

ADOLESCENCE

PSYCHIATRY

CHILD PSYCHIATRY

AUTISM

SCHIZOPHRENIA

HYPERACTIVE

FAMILY PSYCHIATRY

PSYCHOSOMATIC

GENERAL PSYCHOLOGY

ABNORMAL PSYCHOLOGY

PSYCHOPATHOLOGY

CLINICAL PSYCHOLOGY

EXPERIMENTAL PSYCHOLOGY

COMPARATIVE PSYCHOLOGY

EDUCATIONAL PSYCHOLOGY

READING DISABILITY / DYSLEXIA

LEARNING DISABILITY

REMEDIAL EDUCATION

INDUSTRIAL PSYCHOLOGY

PHYSIOLOGICAL PSYCHOLOGY

SOCIAL PSYCHOLOGY

PARA PSYCHOLOGY

DEPTH PSYCHOLOGY

PERCEPTION

PERSONALITY

MENTAL HEALTH

MENTAL ILLNESS

MENTAL RETARDATION

EXCEPTIONAL CHILDREN

Cds FILMS AND INSTITUTE'S

PUBLICATIONS ARE AVAILABLE

PSYCHOANALYSIS

FREUD'S BIOGRAPHY & WORK

DREAMS

PSYCHOANALYTIC LIBRARY SERIES

THERAPIES

DEAFNESS & HIARING

SPEECH PATHOLOGY

COMMUNICATION

PHONOTICS & LINGUISTICS

OCCUPATIONAL THERAPY

MEDICINE

NURSING

ANATOMY

PHYSIOLOGY

HYGIENE

PHARMACOLOGY

DISEASE (PATHOLOGY)

ALCOHOLISM

DRUGS & OBSTENTRICS

NEUROLOGY

EPILEPSY

CEREBRAL PALSY

SURGERY

ORTHOPEDIC

CLEFT PALATEGY

NEACOLOGY & OBSTENTRICS

PEDIATRICS

GENERAL HEALTH & HYGIENE

LIFE SCIENCE

MATHEMETICS AND STATISTICS

RESEARCH METHODOLOGY

TESTING

COUNSELING

GUIDANCE

INTERVIEWING

REPORT WRITING

LIBRARY BOOKS

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DICTIONARIES

DIRECTORY

ENCYCLOPEDIA

INTERNATIONAL CLACIFFICATIONS

YEAR BOOK

REHABILITATION PSYCHOLOGY

GERNAL EDUCATION



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16. EMINENT PERSONALITY VISIT

B M Institute of Mental Health draw strength from its well wishers and people supporting the work done by the institute. Dignitaries who visited the institute between 2017 – 2022 are as follows:

Shri Bhupendrasinh Chudasma, Education Minister, Gujarat

Smt. Vibhavari Dave, Minister of State, Gujarat

Shri D.N.Pandey, IAS, Commissioner, Disability, Govt. of Gujarat

Smt. Anju Sharma, IAS, Principal Secretary, Higher Education

Dr. Rajendra Kumar, IAS, PMO, N.Delhi

Shri Sandip Sagalae, IAS, Collector, Ahmedabad

Dr. Gaurav Dahia, IAS, Mission Director, National Health Mission

Ms. Neha Kumari, IAS, Deputy Collector, Ahmedabad

Shri Dipesh Kedia, IAS, Deputy Collector, Viramgam

Dr. Vinod, Aggarwal IAS, Rapporteur, Human Rights Commission, New Delhi

Shri K.B.Upadhyay, IAS, Director, Higher Education

Dr. Himanshu Pandya, Vice Chancellor, Gujarat University

Dr. Ami Upadhyay, Vice Chancellor, Dr. Babasaheb Ambedkar Open University, Gujarat

Dr. S.L.Vaya, Director R&D, Raksha Shakti University

Ms. Sara Hendren, Professor, Olin College of Engineering, USA

Shri Michael Brearley, Renowned Psychoanalyst, London

Shri Santosh Kumar Singh, Sr. Vice President, Adani Power, Ahmedabad

Shri Dukhbandhu Rath, Chief General Manager, SBI, Gujarat

Dr. Ajit, Mathur, Professor, Indian Institute of Management, Ahmedabad

Shri Sanjay G. Hedao, State Director, Khadi and Village Industries Commission, Gujarat

Shri Pradyumna Vyas, Director, National Institute of Design

Shri Narayan Madhu, Additional Director, Commissioner of Higher Education, Gujarat

Shri Yatindra Sharma, Managing Director, KHS, Machinery

Shri Shirish Divgi, Managing Director, Milacron India Pvt. Ltd.

Shri Praveen Nahar, Director, National Institute of Design

Dr. Darshna Thakkar, Senior Gynecologist

Dr. Darshna Naik, Pediatric Neurologist

Shri V. Samthnam, Regional Director, NIOS, Gandhinagar



Shr Sandip Sagale,
IAS, Collector,
Ahmedabad

Dr. Ami Upadhyay,
Vice Chancellor,
BAO University





Neha Kumari,
IAS

Shri K B Upadhyay, IAS
Dr. Himanshu Pandya,
Vice Chancellor, Gujarat University
Michael Brearley,
Psychoanalyst, London



Shri Shirish Divgi,
MD,
Milacron India



Shri Bhupendrasinh Chudasma
Education Minister, Gujarat



Shri Dukhbandhu Rath,
CGM, SBI, Gujarat



Shri Narayan Madhu,
Additional Director,
Commissioner of Higher Education,
Gujarat.



Shri Yatindra Sharma,
MD, KHS Machinery



Shri Praveen Nahar,
Director, NID, Ahmedabad



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17. COLLABORATIVE WORK

B. M. Institute of Mental Health is a Multidisciplinary Research Institute. It has always been a practice to collaborate with institutions and agencies to develop and promote evidence based services for the field of mental health and rehabilitation. It has been collaborating with multisectoral organization for adopting research based best practices.

- MOU with SEWA, Ahmedabad for Vocational Skill Training and Rehabilitation of adult girls with intellectual impairment enrolled at multi-category workshop of B. M. Institute.
- MOU with Department of Zoology, Gujarat University signed for research work on Genetics and Autism.
- Agreement with Dr. B. R. Ambedkar Open University for joint workshop of 5 days for teachers development approved by RCI as Continuing Rehabilitation Education Program.
- Agreement with Hospital for Mental Health, Ahmedabad for professional training of Higher Education Students
- Agreement with NIRMA University, Ahmedabad for joint study on Genetics and Disability
- Agreement with Riverside School, Ahmedabad for Psychological Assessment and Intervention services
- Agreement with PanGeonomics for providing genetic counseling services to people with disability and their family.



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18. Professional Development

- Ketan Kiratsata, Senior Special Teachers completed Advance Certificate Course in Inclusive Education- Cross Disability recognized by Rehabilitation Council of India, New Delhi in 2019.
- Arti Thakkar, Senior Special Teachers completed Advance Certificate Course in Inclusive Education- Cross Disability recognized by Rehabilitation Council of India, New Delhi in 2019.
- Aku Rajput, Special Teachers completed Advance Certificate Course in Inclusive Education- Cross Disability recognized by Rehabilitation Council of India, New Delhi in 2019.
- Priti Purohit, Special Teachers completed Advance Certificate Course in Inclusive Education- Cross Disability recognized by Rehabilitation Council of India, New Delhi in 2019.
- Arti Thakkar, Senior Special Teacher completed her Certificate Course in Arts Based Therapy from Child-n-you in association with Mind and Arts Institute, Mumbai in 2020.
- Rajendra Pandya, Special Teacher awarded Ph.D in Education from Rai University in February, 2021
- Dr. Madhu Singh, Director completed Organizational Leadership in 21st Century, Executive Education Course conducted by IIM, Ahmedabad in March, 2021
- Prachi Sharma, Faculty of Rehabilitation Psychology completed her Ph.D. in January, 2022
- Dr. Madhu Singh, Director completed Professional Development Course in Inclusive Education from Nirmala Institute of Education, Goa and ADIRA: Center for Disability Management, Inclusion and Empowerment in March, 2022



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Monday to Saturday

10.00 am to 5.00 pm



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-  **www.bminstituteofmentalhealth.com**