

key features



diagnostic



therapeutic

Working with family of the client is an integral part of entire process. **Counseling and parental guidance** are provided to clients. **The out-patient services consist of clinics for the Infants, Children, Adolescents and Adult. Medication** is used for **symptomatic relief** and in times of crisis only. In case of infants and children, **research based intervention techniques** are used for therapeutic purpose. Children, adolescents and adults are accepted for **diagnostic testing, psychological, educational and psychiatric evaluation and treatment**. Each case is considered individually, from a psycho-dynamic point of view. A decision by the clinic staff representing each discipline determines the final diagnosis and plans the treatment procedure accordingly.

B M Institute of Mental Health

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The Institute is registered under Bombay Public Trust Act, Persons with Disability (PWD) Act, Rehabilitation Council of India and National Trust and is recognized by the Government of Gujarat.



B. M. INSTITUTE OF MENTAL HEALTH

OPD is the portal of entry to the Institute. All registered clients are consulted by a multidisciplinary team of experts. After the diagnostic work, the registered client is treated at the out-patient level or is referred to one of the Rehabilitation (day) service unit depending on the need of the person.

O
P
D
TEAM

Psychiatrist

Psychologist

Speech Therapist and
Audiologist

Occupational Therapist

Special Educator

Dietician

Genetic counselor

Psychiatric Social Worker

issues

with
dealt

learning difficulty	visuomotor processing difficulty
academic backwardness	ADHD (attention deficit hyperactivity disorder)
emotional disturbances	autism spectrum disorder
depression	cerebral palsy
anxiety	brain dysfunction & other neurological problem
delayed development	bipolar disorder
intellectual impairment	conduct and personality disorder
speech and language delay	schizophrenia
stuttering and misarticulation	dyslexia
motor difficulty	
behaviour problems	

multi disciplinary services
diagnostic & therapeutic

Occupational Therapy Unit

Psychological Assessment &
Intervention Unit

Special / Remedial Education Unit

Speech and Audiology Unit

Diet and Nutrition Unit

Genetic Counseling Unit

Art Based Therapy

Dance Movement Therapy



Occupational therapy, cognitive therapy, sensory integration therapy, hand therapy, ADL training, neuro developmental therapy, play therapy, adaptive device application and ergonomic advice

Psychological testing, psychotherapy, counselling, behaviour modification, behaviour therapy, cognitive stimulation training

remediation (inhouse and homebase), special education

speech stimulation, speech and language therapy, articulation therapy, voice therapy, fluency therapy, auditory training, parent counselling for normal non-fluency

diet management, lifestyle management, guidance and counselling, special diet for obesity and diabetes.

genetic counseling and guidance

human development through visual art forms and creative process

interaction of mind-body-spirit, channelizing conscious and subconscious movements, therapeutic use of movement assistance, development of cognitive, emotional, physical and social skills.