### key features



diagnostic



theraputic

Working with family of the client is an integral part of entire process. Counseling and parental guidance are provided to clients. The outpatient services consist of clinics for the Infants, Children, Adolescents and Adult. Medication is used for symptomatic relief and in times of crisis only. In case of infants and children, research based intervention techniques are used for therapeutic purpose. Children, adolescents and adults are accepted for diagnostic testing, psychological, educational and psychiatric evaluation and **treatment**. Fach case is considered individually, from a psycho-dynamic point of view. A decision by the clinic staff representing each discipline determines the final diagnosis and plans the treatment procedure accordingly.

### B M Institute of Mental Health

Near Nehru Bridge, Ashram Road, Ahmedabad, Gujarat 380009

Monday to Saturday - 10:00am to 5:00 pm Phone - (079) 26578256/57/58/59

E-mail - bminstitute.ahm@gmail.com www.bminstituteofmentalhealth.com

The Institute is registered under Bombay Public Trust Act, Persons with Disability (PWD) Act, Rehabilitation Council of India and National Trust and is recognized by the Government of Gujarat.





### B. M. INSTITUTE OF

### MENTAL HEALTH

OPD is the portal of entry to the Institute. All registered clients are consulted by a multidisciplinary team of experts. After the diagnostic work, the registered client is treated at the out-patient level or is referred to one of the Rehabilitation (day) service unit depending on the need of the person.

## TEAM

Psychiatrist Psychologist

Speech Therapist and Audiologist

Occupational Therapist

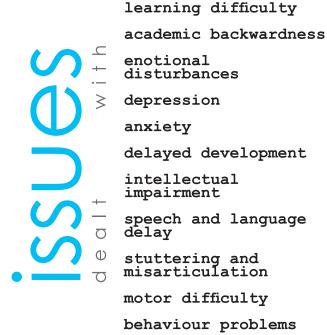
Special Educator

Dietician

Genetic counselor

Psychiatric Social Worker





visuomotor processing difficulty

ADHD (attention deficit hyperactivity disorder)

autism spectrum disorder

cerebral palsy

brain dysfunction & other neurological problem

bipolar disorder

conduct and
personality disorder

schizophrenia

dyslexia

# multi disciplinary services diagnostic & therapeutic

Occupational Therapy Unit

Psychological Assessment & Intervention Unit

Special / Remedial Education Unit

Speech and Audiology Unit

Diet and Nutrition Unit Genetic Counseling Unit Art Based Therapy

Dance Movement Therapy





Occupational therapy, cognitive therapy, sensory integration therapy, hand therapy, ADL training, neuro developmental therapy, play therapy, adaptive device application and ergonomic advice

Psychological testing, psychotherapy, counselling, behaviour modification, behaviour therapy, cognitive stimulation training

### remediation (inhouse and homebase), special education

speech stimulation, speech and language therapy, articulation therapy, voice therapy, fluency therapy, auditory training, parent counselling for normal non-fluency

diet management, lifestyle management, guidance and counselling, special diet for obesity and disabetes.

genetic counseling and guidance

### human development through visual art forms and creative process

interaction or mind-body-spirit, channelizing conscious and subconscious movements, therapeutic use of movement assistance, development of cognitive, emotional, physical and social skills.