

**AFFILIATION WITH
CHILDRENS UNIVERSITY**

**HOME BASED
REHABILITATION TRAINING**

Overview:
April-June, 2021

International Webinar on Understanding Autism: Parent's and Professional's Perspective

HIGHLIGHTS

**Professional Participation
for Enabling Differently
Able Children**

**Online Parents Meeting
of Children**

Special World Yoga Day

The institute organized International webinar on Autism Spectrum Disorder on 3rd April, 2021. Over 100 participants attended the webinar

where the invited subject experts Ms. Sheetal Nair a Educator & Board Certified Behaviour Analyst (BCBA) from New York, USA and Ms. Aku Rajput a Special Teacher from Ahmedabad shared their knowledge. Ms. Nair talked on topics which include knowledge about Autism, Autism through a parent's eye, Available Therapeutic Interventions, Various Biomedical approaches, Importance of ABA and Advancement in ABA, Collaborative services with Speech Therapist, Occupational Therapist and Physical Therapist, Role of parents and care givers in treatment protocol and significance of parent training. Ms. Rajput shared her practical knowledge on Social Skills Training for Children and Adolescents with Autism Spectrum Disorder (ASD).



International Webinar on “Compassion In Health Services A Professional Perspective And Reflections”

- Due to Covid 19 Pandemic, the whole world is facing difficulties in one or the other way.
- The rising burden on healthcare services is known to everyone.
- The B. M Institute of Mental Health organized an International webinar to understand compassion in healthcare services on 31st May, 2021.
- The invited subject expert Dr. Shripati Upadhaya a Clinical Psychologist from United Kingdom elaborated the professional perspective on compassion in health services quoting number of examples from his own experiences.
- He also spoke about an unusual human tendency known as Intolerance of Uncertainty.
- There were over 130 participants from different parts of the world attended the webinar.

INTERNATIONAL WEBINAR
"COMPASSION IN HEALTH SERVICES
- A PROFESSIONAL PERSPECTIVE AND REFLECTIONS"
B M INSTITUTE OF MENTAL HEALTH

▼ Monday, 31st May 2021
▲ Live start at 2.00 PM IST
JOINING LINK : <https://bit.ly/2SpHYvY>

INTRODUCTION
Feeling low is a rising concern among many across the globe. It is understandable that people are experiencing uncertainty due to the COVID-19 pandemic but taking time to process our thoughts and feelings can help provide perspective, peace and acceptance.

ABOUT THE INSTITUTE
Established in 1951, the B M Institute of Mental Health is a grant in aid Research Institute working in the frontier area of Mental Health Education and Disability Rehabilitation. In past 70 years, the multidisciplinary services and education of the institute have been able to bring positive changes in lives of many who walked through its corridors. Especially during pandemic, the institute is intensifying and expanding its reach for maintenance of mental health in prevailing situation.

Organized By
B M Institute of Mental Health, Ahmedabad
www.bminstituteofmentalhealth.com

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ABOUT THE SPEAKER
Dr. Shripati Upadhaya, is a practicing Clinical Psychologist in United Kingdom having British Nationality. He is Ph.D. in Clinical Psychology from NIMHANS and further studied Applied Forensic Psychology from University of York, England. Few areas of his special interest are Behavioural Medicine, CBT, Transcultural Psychiatry and Psychology, Emotional Intelligence and Mindfulness Meditation. Dr. Upadhaya was also associated with the B M Institute of Mental Health during 1972-75 as Clinical Psychologist. There are large numbers of publications to his credit in the subject field. Some of his professional associations include British Psychological Society, Health Care Profession Council, UK, British Association for Behavioural Cognitive Psychotherapy, National Autistic Society, UK, EMDR Association UK and Ireland.



DR. SHRIPATI UPADHAYA

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Professional Participation for Enabling Differently Able Children

- Dr. Mritunjay Mukund a Teaching Faculty of Occupational Therapy and Head of Occupation Therapy services contributed his valuable services in a health screening camp at PNR Society, Bhavnagar on 25th and 26th June, 2021. He conducted OT assessment on Children having motor problems and Cerebral Palsy and also recommended home plan for treatment and management for the underlying condition.
- He also participated in seminar for orientation and training of teachers and care givers on hand movements and other fundamental techniques used for Children with Cerebral Palsy.



➔ The B. M Institute of Mental Health has been granted permission in June, 2021 to start a professional education courses "Post Graduate Diploma in School Counseling" under affiliation of Children's University from 2021-22 onwards.

Home Based Rehabilitation, Training and Production Initiative



- The B M Institute of Mental Health started to empower individuals with mental and intellectual disability with its home bound rehabilitation and training initiative started from 1st June, 2021 during covid 19 pandemic.
- The enrolled beneficiaries of the institute were partially trained in various vocation skills before the pandemic.

- As an alternative teaching and training methodology, vocational instructors and special teachers started to work online with the help of their families to further fine tune the abilities of the beneficiaries.
- This effort resulted in starting home bound production of items like covid aprons, masks, rakhis, paper bags etc.
- 5 beneficiaries from Multicategory Workshop and 2 beneficiaries from DayCare Unit could successfully be brought to a level of rehabilitation under Pehchan initiative that adds to their economic empowerment.

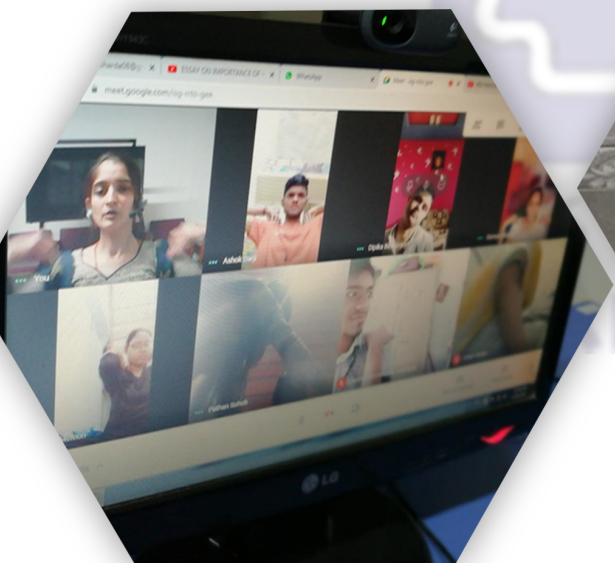


Online Parents Meeting of Children with Intellectual Impairment



- The Sharda Special School housed in the campus of BMIMH organised its first Parent Meeting in virtual mode after reopening from summer break on 9th June 2021.
- The objective of the meeting was to reboot the special education and training of children with intellectual disability enrolled at Sharda School.

Special World Yoga Day



- An online session was organized on 21th June 2021 to celebrate "WORLD YOGA DAY "at Sharda School.
- 35 students with special abilities participated virtually in the celebration and performed yoga under supervision of their teachers and family members.

Knowing some disabling conditions as per Rights of Persons with Disability Act, 2016

(Source: The Gazette of India, MSJE, January 5, 2018)

"Locomotor disability" means a person's inability to execute distinctive activities associated with movement of self and objects resulting from affliction of musculoskeletal or nervous system or both.

Scoliosis is a condition in which an individual's spine has lateral, or side to side curvature. Although scoliosis is a three-dimensional deformity, on an x-ray, scoliosis curves can often look like a simple "S" or a "C" shape.

Clubfoot is a common deformity of the foot. It is most often noticed at birth. However, similar looking deformity can be seen in other conditions as well. Deformity may be mild, moderate, or severe.

Lymphedema is a chronic degenerative and inflammatory process affecting the soft tissues, skin, lymph vessels and nodes and may result in severe and often disabling swelling. Lymphedema may present in the extremities, trunk, abdomen, head and neck and external genitalia and can develop

Charcot arthropathy is a progressive condition of the musculoskeletal system that is characterized by joint dislocations, pathologic fractures, and debilitating deformities. The hallmark deformity associated with this condition is midfoot collapse, described as a "rocker-bottom" foot.

"Acid attack victims" means a person disfigured due to violent assaults by throwing of acid or similar corrosive substance.

"Cerebral palsy" means a group of non-progressive neurological condition affecting body movements and muscle coordination, caused by damage to one or more specific areas of the brain, usually occurring before, during or shortly after birth

"Dwarfism" means a medical or genetic condition resulting in an adult height of 4 feet 10 inches (147 centimetres) or less.

"Muscular dystrophy" means a group of hereditary genetic muscle disease that weakens the muscles that move the human body and persons with multiple dystrophy have incorrect and missing information in their genes, which prevents them from making the proteins they need for healthy muscles. It is characterised by progressive skeletal muscle weakness, defects in muscle proteins, and the death of muscle cells and tissue.

"Speech and language disability" means a permanent disability arising out of conditions such as laryngectomy or aphasia affecting one or more components of speech and language due to organic or neurological causes.

Intellectual disability, a condition characterised by significant limitation both in intellectual functioning (reasoning, learning, problem solving) and in adaptive behaviour which covers a range of every day, social and practical skills.

"Specific learning disabilities" means a heterogeneous group of conditions wherein there is a deficit in processing language, spoken or written, that may manifest itself as a difficulty to comprehend, speak, read, write, spell, or to do mathematical calculations and includes such conditions as perceptual disabilities, dyslexia, dysgraphia, dyscalculia, dyspraxia and developmental aphasia.

"Mental illness" means a substantial disorder of thinking, mood, perception, orientation or memory that grossly impairs judgment, behaviour, capacity to recognise reality or ability to meet the ordinary demands of life, but does not include retardation which is a condition of arrested or incomplete development of mind of a person, specially characterised by sub normality of intelligence.

"Multiple sclerosis" means an inflammatory, nervous system disease in which the myelin sheaths around the axons of nerve cells of the brain and spinal cord are damaged, leading to demyelination and affecting the ability of nerve cells in the brain and spinal cord to communicate with each other.

"Parkinson's disease" means a progressive disease of the nervous system marked by tremor, muscular rigidity, and slow, imprecise movement, chiefly affecting middle-aged and elderly people associated with degeneration of the basal ganglia of the brain and a deficiency of the neurotransmitter dopamine

"Sickle Cell disease" means a haemolytic disorder characterised by chronic anaemia, painful events, and various complications due to associated tissue and organ damage; "haemolytic" refers to the destruction of the cell membrane of red blood cells resulting in the release of haemoglobin.

"Thalassemia" means a group of inherited disorders characterised by reduced or absent amounts of haemoglobin.

"Haemophilia" means an inheritable disease, usually affecting only male but transmitted by women to their male children, characterised by loss or impairment of the normal clotting ability of blood so that a minor wound may result in fatal bleeding.

Multiple Disabilities means a combination of two or more disabilities mentioned below: - 1. Blindness 2. Low-vision 3. Leprosy cured persons 4. Hearing impairment (deaf and hard of hearing) 5. Locomotor disability 6. Dwarfism 7. Intellectual disability 8. Mental illness 9. Autism spectrum disorder 10. Cerebral palsy 11. Muscular dystrophy 12. Chronic neurological conditions 13. Specific learning disabilities 14. Multiple sclerosis 15. Speech and language disability 16. Thalassemia 17. Haemophilia 18. Sickle cell disease 19. Acid Attack victims 20. Parkinson's disease

