

Eminent
Visitors at
BMI



- ❖ Smt. Anju Sharma, IAS, Principal Secretary, Higher Education
- ❖ Dr. Gaurav Dahia, IAS, Mission Director, National Health Mission
- ❖ Shri K. B. Upadhyay, Director, Higher Education
- ❖ Dr. Himanshu Pandya, Vice Chancellor, Gujarat University
- ❖ Dr. S.L.Vaya, Director R&D, Raksha Shakti University
- ❖ Ms. Sara Hendren, Professor, Olin College of Engineering, USA
- ❖ Dr. Nitin Suman Shah, Chairman, Heart Foundation
- ❖ K. P. Verma, General Manager, ONGC, Ahmedabad

Workshops and Seminars

- ❖ BENEFITS OF N.I.O.S. FOR SPECIAL NEEDS CHILDREN
- ❖ GENETICS AND AUTISM
- ❖ UNDERSTANDING CHILDREN WITH MOTOR DIFFICULTIES
- ❖ MANAGEMENT OF CHILDREN WITH SPECIAL NEED
- ❖ RIGHTS OF PERSONS WITH DISABILITY ACT, 2016
- ❖ SCHOOL ENVIRONMENT FOR MENTAL HEALTH
- ❖ UNDERSTANDING DEVELOPMENTAL DELAY AMONGST CHILDREN
- ❖ VOCATIONAL TRAINING AND REHABILITATION OF INDIVIDUALS WITH INTELLECTUAL DISABILITY
- ❖ JACOBSON'S PROGRESSIVE MUSCULAR RELAXATION TECHNIQUE
- ❖ PSYCHOEDUCATION OF PARENTS OF INDIVIDUALS WITH MENTAL ILLNESS
- ❖ KEYNOTE ADDRESS ON GUIDANCE AND COUNSELLING
- ❖ BUILDING HAPPINESS and OPTIMISM



Internships
at BMI

We convey with pride that 12 students from NID, Gujarat University, M. S. University and K. P. University and other educational institutes in Gujarat accomplished their internship at the B. M. Institute in 2017-18 where in with gaining knowledge, they served the various programs and educational activities at the campus along with other faculties.

Success Story

NIHAL MOHAMMADSHEREIF SHEIKH born on 19TH MARCH 1995 is diligent and industrious. Despite being diagnosed with Mild Intellectual Disability, Nihal completed his SSE and got training at ITI. He reported to B. M. Institute of Mental Health in the beginning of 2017 with complaints related to workplace adjustment. He stays in a nuclear family with his parents and two siblings. Structured training and rehabilitation program was designed to develop his strengths. Team of multidisciplinary experts constantly worked with him to minimize his weaknesses. Over a period of one year, Nihal developed occupational efficiencies, started performing tasks systematically taking responsibilities with proper time management and independent living skills. Finally, with the collective efforts of Professionals at B.M. Institute and his parents, Nihal got an opportunity to live a life with dignity. Presently, he is working in a factory as a tuner-fitter at GIDC, Vatva, Ahmedabad.



B M INSTITUTE

NEWSLETTER

BM Institute of Mental Health, Nehru Bridge,
Ashram Road, Ahmedabad- 380009

+91 8154968086, (079)-26578256/57/58
bminstitute.ahm@gmail.com

HIGHLIGHTS

7000+
THERAPY SESSIONS



BOOK
RELEASE



INTERNATIONAL
CONFERENCE



AWARENESS &
TRAINING PROGRAMS



RESEARCH PAPER
PUBLISHED IN
INTERNATIONAL JOURNAL

FELICITATION OF
DR. S. L. VAYA

1439
STUDENTS FROM OTHER EDUCATIONAL
INSTITUTES VISITED BMI



VISITS AND
INTERNSHIPS

EDUCATION FAIR

Overview_2017-2018
June, 2018

Message from the Chairman

"It will not be an exaggeration to say that B. M. Institute of Mental Health has risen like a 'Devhuma' bird in a mythological story. After years of tribulations & deterioration, it has undergone a metamorphosis with excellent infrastructure, competent & dedicated faculty members, effective leadership of Director Dr. Madhu Singh, tremendous support of the state government & missionary zeal of Manabehen Sarabhai.



I have no words to describe the happiness we have experienced along with students & parents. We pray to the almighty that our northward trajectory continues & we are able to serve a special category of children & adult and help them improve their quality of life."

-Shri Pravin K. Laheri
Former Chief Secretary, Govt. of Gujarat

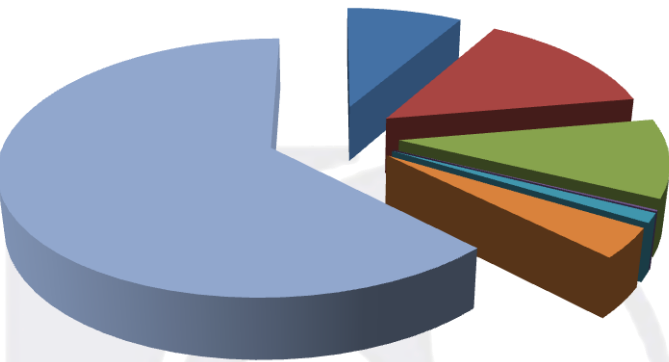
Award by
Education
Department

5th of February, 2018 was a day of pride and honor for B. M. Institute. The Education Department, Govt. of Gujarat presented an award to the institute at the Grand Education Fair for being one of the best educational institute in Gujarat State.



For our latest updates visit
www.bminstituteofmentalhealth.com

Multidisciplinary Therapy Sessions At OPD



The institute plays a vital role in ensuring the well being of anyone and everyone in need. Different therapy modules have been defined at the campus through which the faculties here serve the agonized with the most pertinent intervention and management plan. Multidisciplinary approach of assessment and intervention is practiced here.

| | |
|-----------------------|------|
| Speech Therapy | 610 |
| Special Education | 1021 |
| Psychology Counseling | 733 |
| Genetic Counseling | 14 |
| Diet Counseling | 89 |
| Psychiatric Therapy | 278 |
| Occupational Therapy | 4578 |



7000+
Therapeutic
sessions
conducted

100% results- PGD Program, Higher Education



B. M. Institute is proud to declare 100% results in the PGDRP course at the institute. This course has been approved by the Rehabilitation Council of India and affiliated to Gujarat University.

Book Release



Ms Arti Thakkar, Senior Employee and a special educator published and released her book

“HIMMAT NI JYOT II”.

BMI Agreements and Collaborations

Under agreement with 6 different organizations, the institute continued the research, services and training work in 2017-18

- ❖ MOU is signed between SEWA, Ahmedabad and B. M. Institute for vocational skill training and rehabilitation of mentally challenged adult girls enrolled at multi-category workshop of B. M. Institute.
- ❖ An agreement with Dr. B. R. Ambedkar Open University has been made for joint workshop of 5 days for teachers development approved by RCI as Continuing Rehabilitation Education Program.

- ❖ PanGeonomics and BMIMH are working under agreement for providing genetic counseling services to people with disability.
- ❖ MOU between B. M. Institute of Mental Health and Department of Zoology, Gujarat University is signed for research on genetics and autism.
- ❖ Agreement was signed for Providing Counseling services to Students of NID, Ahmedabad

Project Naari Shakti

For livelihood and development of girls with intellectual impairment, ONGC, Ahmedabad came forward to support **Project Naari Shakti** at BMIMH. Girls above 18 years are enrolled for skill training under the tailoring project. Positive change may be observed in the skills and confidence level of beneficiaries under this project.



Study to understand Gender Ratio among PWDs



Ms Prachi Sharma, Faculty and Head of Mental Health Services conducted a survey

at the institute for two consecutive years. Newly registered cases at the OPD was monitored in 2016-17 and 2017-18 with reference to gender. The finding reveal that 69% male cases are registered in comparison to 31% female cases for diagnosis and therapeutic interventions for disabling conditions.

Research Paper published in International Journal

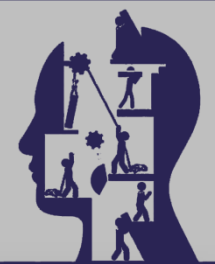
Research paper on “Status of Mental Toughness of the citizens of Ahmedabad” was published by Dr. Rajul Mallik, Faculty and Academic Head at the institute in the International Journal of Indian Psychology ISSN: 23493429, Volume 5. Issue 2 in 2017.



Awareness Exhibition for skill promotion of PWDs

As a part of reaching out the world, an awareness exhibition for the skill promotion of the students at BMI, some art works expressing the thoughts in the mind of a person with special need were displayed for the viewers.

International Conference on PSYCHOANALYSIS IN 21ST CENTURY



International Conference on Psychoanalysis in 21st Century
had been conducted the BMI campus on 7th December, 2017. The very famous psychoanalysts from British Psychoanalytical Society, Dr. Michael Brearley and Dr. David Black had given their honorable presence as the chief speakers at the event wherein more than 100 faculties, professionals and students had participated.



Speakers at the Event

David Black
Fellow of the British Psychoanalytic Society



Micheal Brearley
Fellow of the British Psychoanalytic Society

Cultural Activities



Drawing Competition
Swatchch Bharat Abhyaan

- Kankaria Carnival- 2017
- SWMR Event
Organized by Parent's Association
- Drawing Competition
by Polio Foundation on 08/12/2017
- Autism Awareness Program
By Govt. of Gujarat on 04/04/2017
- Yog Day Celebration
On 21/06/2017
- World Environment Day
Celebration
- Cycleothone
On World Down Syndrome's Day

All the students at BMI are given a chance to celebrate the festivals with all glory and glitters throughout the year that add colors and happiness to their lives.



Holi



Rakshabandhan



Janmashtmi

Celebrating Festivals with the specially abled



Navratri



Diwali



Christmas

Felicitation of Dr. S. L. Vaya

It is our pleasure to have honorable Dr. S. L. Vaya, Director, Research and Development, Raksha Shakti University and former Director, IBS, Gujarat Forensic Science University associated with the institute. Dr. Vaya was honored by Hon'ble Home Minister Dr. Rajnath Singh with Lifetime Achievement Award in February, 2018. B.M. institute conducted a felicitation ceremony for this heroic personality of Dr. Vaya at the institute on 28/2/2018.



"I am happy to place on record that B.M.Institute was a dream come true institute and the exposure I had are unimaginable like the learning that took place as a rapporteur in the International Child Congress when I heard legend speakers like James Anthony, Erna Hoch & many more and series of lectures by Erik H. Erikson. It accelerated my professional growth and gave an impetus to set my goals to working for developing more such institutes in the years to come."
-Dr. S. L. Vaya

Round Table Meeting



On the occasion of World Mental Health Day, B.M. institute

conducted Round Table Meeting with Psychiatrists, Psychologists, Social Workers and other mental Health professionals on 10th October, 2017. Dr. Lalit Vaya, leading Psychiatrist, Ms. Nishmin Marshal, Social Worker and Ms. Harry, Psychiatric Nurse were present during the meeting with around 25 people who got rehabilitated after structured intervention at B. M. Institute.

Education Fair



B. M. Institute of Mental Health was proudly a part of the Education Fair conducted on June, 2017 and February, 2018 by delivering a fragment

of awareness and knowledge and successfully moving forward towards achieving its goal for its prominent establishment in the society.

Children with Autism A Ray of Hope

Milacron India Pvt. Ltd. supported CHETAN unit of BMIMH. CHETAN unit provide remedial education and life skill training to Children with Autism Spectrum Disorder. With the generous support from Milacron India Pvt. Ltd. quality of life of children with autism improved to a large extent.





Our sincere gratitude for all the well wishers

We are thankful to all the members for their contribution and continuous support to B.M. Institute of Mental Health.

All contributions to B. M. Institute of Mental Health are covered under 80G of Income Tax Act and FCRA.



Continuing Rehabilitation Education

After obtaining CRE approval from RCI, New Delhi, a program on **PROMOTION OF SCHOOL OF MENTAL**

HEALTH had been conducted in July, 2017 where in around 30 people had been a part at the event.

Community Programs

3000+ lives impacted

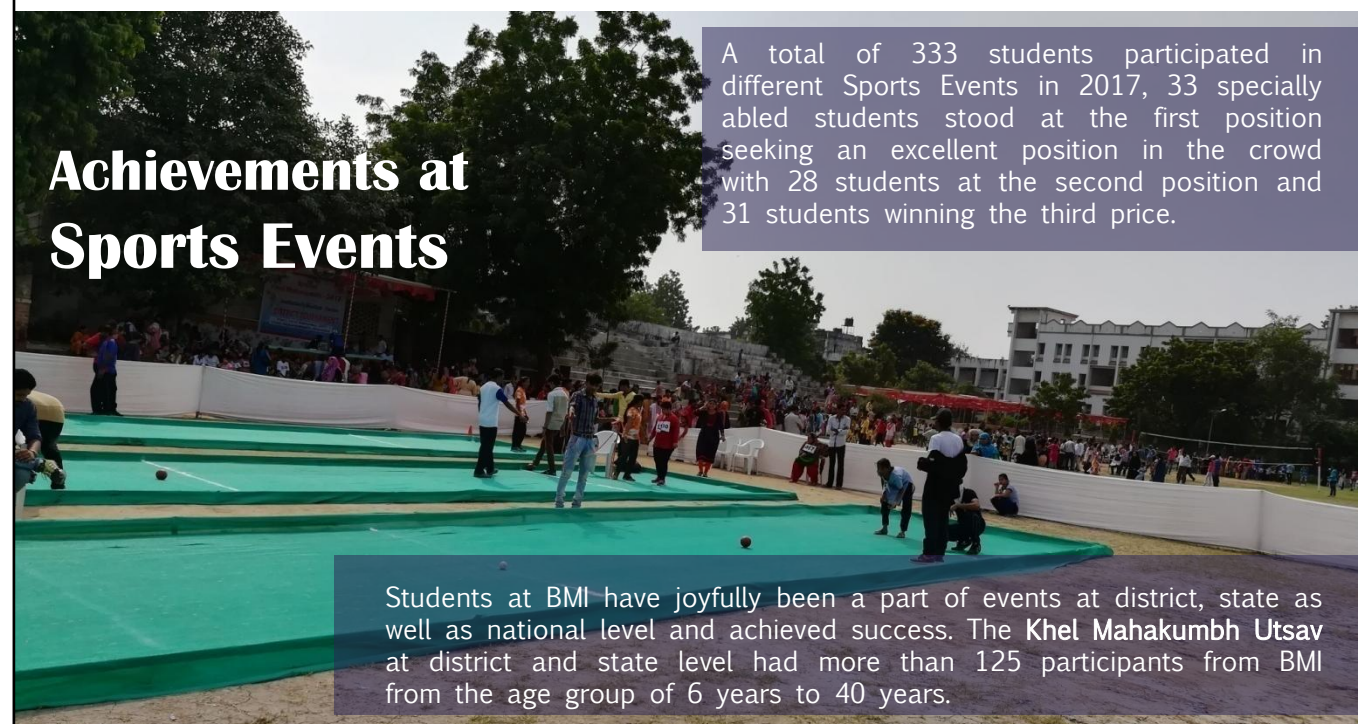


To create awareness among the society regarding people with special needs, BMI under its most recent initiative, "PRAYATNA", conducted programs like Early identification camp for children with intellectual disability at Parishram Charitable Trust, Unjha on 04/07/2017, Screening and Awareness Camp for Preventive Mental Health at NID, Ahmedabad on 09/10/2017-10/10/2017. Certain programs were also conducted in association with radio stations. Other activities in these programs also include Rights and Higher Education for PWDs, Awareness Exhibition during Navratri, Awareness for voting rights, Pad yatra (organized in association with radio one for generating awareness on menstrual hygiene of girls with special abilities).



Achievements at Sports Events

A total of 333 students participated in different Sports Events in 2017, 33 specially abled students stood at the first position seeking an excellent position in the crowd with 28 students at the second position and 31 students winning the third price.



Students at BMI have joyfully been a part of events at district, state as well as national level and achieved success. The Khel Mahakumbh Utsav at district and state level had more than 125 participants from BMI from the age group of 6 years to 40 years.

Moreover, kids at BMI have also been a part of the coaching camps at the National level, Special Olympic Events. More than 80 students from the institute participated at the Nagar Ramatsav organized by the Ahmedabad Municipal Corporation achieving glory.



Parent Training Programs

Workshops and seminars like "SKILLS FOR COUNSELLING PARENTS OF STUDENTS WITH SPECIAL NEEDS" and "PARENTS OF CHILDREN WITH MOTOR DIFFICULTIES" have been conducted at the institute for parents of kids with special needs which have created a positive impact on the lives of parents as well as their children.

