

B. M. INSTITUTE OF MENTAL HEALTH

**Near Nehru Bridge, Ashram Road,
Ahmedabad, Gujarat-380009**

**Monday to Saturday
10 am to 5 pm**

**Contact: (079) 26578256/57/58/59
www.bminstituteofmentalhealth.com
bminstitute.ahm@gmail.com**

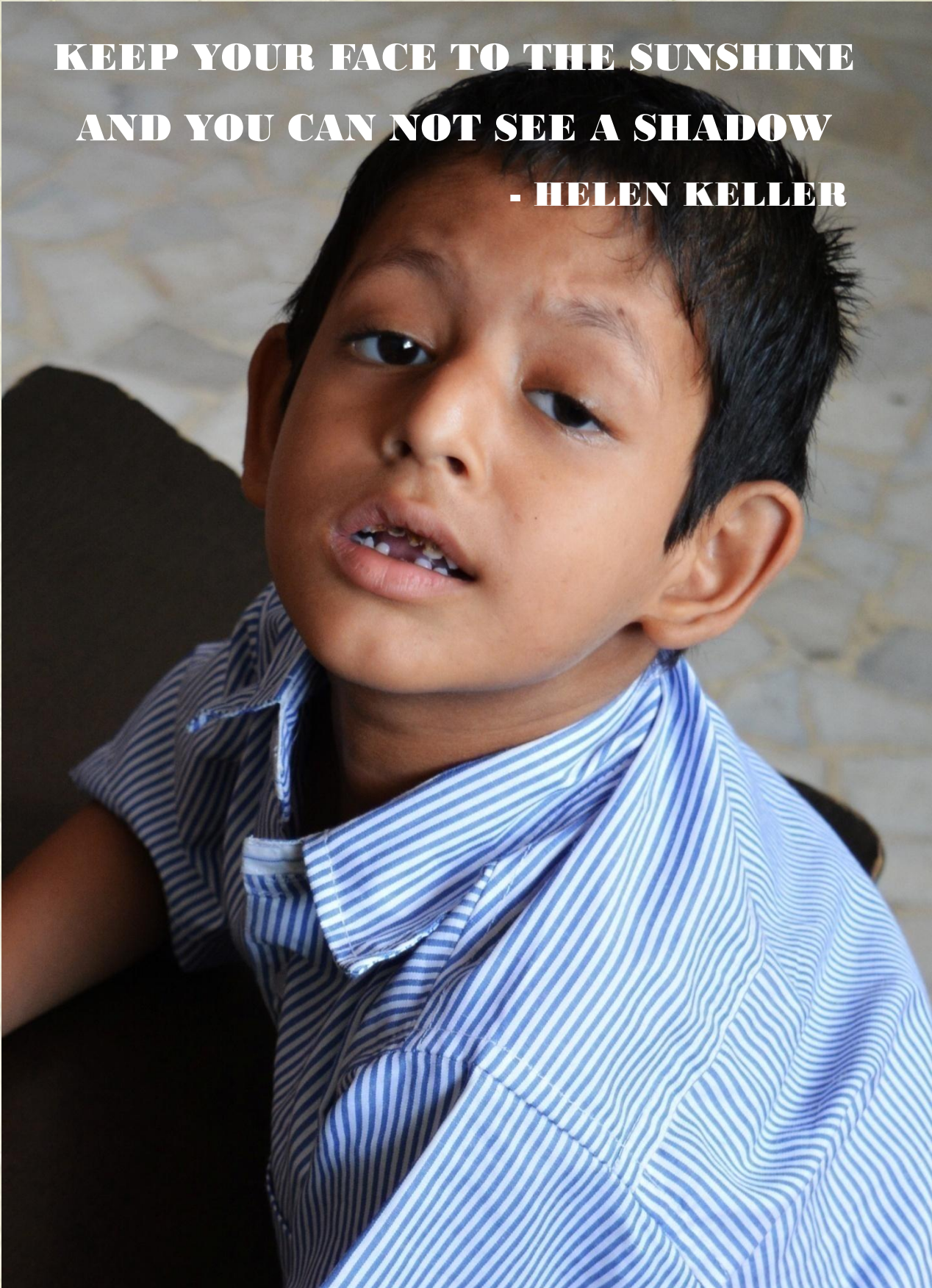
ANNUAL REPORT

2018-2019



**B M INSTITUTE OF
MENTAL HEALTH**





**KEEP YOUR FACE TO THE SUNSHINE
AND YOU CAN NOT SEE A SHADOW
- HELEN KELLER**

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ABOUT US

B. M. Institute of Mental Health is a research institute for education and clinical work in the frontier area of Mental Health and Disability Rehabilitation. It was established in 1951 and is registered under Bombay Public Trust Act, Persons with Disability Act, Rehabilitation Council of India, National Trust and recognized by Government of Gujarat and Gujarat University.

Our Vision

To bring sea change in the life of people related to mental health and disability.
To serve for attaining total well-being and sound mental health.

Our Mission

To help Special Need Children get Integrated Services.
To participate in the broad field of Mental Health and Behavioural Research.
To develop as an Institute of Importance for Mental Health Education and Services.

Our Culture

A multidisciplinary approach for clinical diagnosis, training and care for mental health related problems and disability rehabilitation and an interdisciplinary approach for research, professional education and training.

BOARD OF TRUSTEES

❑ **Shri P.K. Laheri**
IAS (Retd), Former Chief Secretary,
Govt. of Gujarat – Chairman
Board of Trustee

❑ **Smt. Kalpanaben Setalwad**
Social Worker

❑ **Smt. Mehar Medora**
Social Worker

❑ **Smt. Nayanaben Patel**
Social Worker

❑ **Dr. Rajesh Maniar**
Psychiatrist

❑ **The Director**
Higher Education, Govt. of Gujarat

❑ **The Director**
Social Defense, Govt. of Gujarat

❑ **The Deputy Secretary**
Dept. of Health and Family Welfare, Govt. of Gujarat



CHAIRMAN’S MESSAGE



It gives me great satisfaction that B.M. Institute of Mental Health is today back to its glorious past & now looking forward to a bright future. An institute of excellence has overcome most of the challenges and it is hopeful to render its services on a larger scale.

As our lives are getting stressed, the issue of mental health has become quite significant. The concept of Happiness Index is totally dependent on Mental Health. Our country with such a large population (130 crore +) is undergoing rapid transformation. In the process, many values, attitudes & structures in society are also changing radically. Our youth has to cope up with new challenges. The issues such as costly education, unaffordable healthcare, unemployment, competition and exploitation put a heavy burden on new generation. We, at B M Institute of Mental Health reiterate our commitment to serve the needy & the deprived on priority basis.

I am thankful to the State government, my co-trustees, Director, faculties, teachers & staff for their devotion, efficiency & cooperation. Our salute to the students & their parents.

Pravin K Laheri

DIRECTOR’S DESK



The UN Convention on the Rights of Persons with Disabilities (UNCRPD, 2008) recognises the right to equality and non-discrimination, and asserts for the right to inclusive education. This year at the institute, we have been tirelessly working for full development of human potential, towards a sense of dignity and self-worth.

Driven on the multidisciplinary approach in its services, and the interdisciplinary research with evidence-based practices, now sixty-eight years old B M Institute of Mental Health has travelled far and wide, realigning its services with the existing policies and the changing needs of the society.

In the year 2018-2019, Professional Diploma in Clinical Psychology course was introduced with the approval of RCI and Gujarat University, which will prepare RCI certified clinical psychologists to add in the workforce of the country. This professionally significant educational program has been started for the first time in the state of Gujarat. A 100% result has been recorded this year also, in all three RCI approved courses. The Arts Based Therapy course offered at the institute in 2018-19 prepared professional Art Therapists who would contribute services to the specialized field of rehabilitation.

The institute continued to serve individuals with a variety of mental health and rehabilitation needs viz. Bi-polar disorder, Schizophrenia, Depression, Learning Disability, Motor Dysfunction, Cognitive Impairment, Autism Spectrum Disorder, Intellectual Disability, Developmental Delay and many more. Over 8200 therapy sessions were conducted during the year, including Occupational Therapy, Behaviour Modification, Speech Therapy, Remedial Education, Cognitive Retraining, Sensory Integration, Psychotherapy, Counselling in the OPD. Furthermore, over 220 enrolled children and adults availed the services of Special School, Vocational Training Centre, Day Care Centre, Early Intervention Group and Chetan. Children form the largest section of the registered beneficiaries.

Having built on decades of insight and experience, this year BMI endeavoured to start a first of its kind Industrial Training Centre exclusively for intellectually challenged adults, by the approval of Dept. of Employment and Training, Govt. of Gujarat. 29 individuals with intellectual limitations have been enrolled in the first batch for vocational skill training.

The institute has always valued collective wisdom, and it could develop a network with other institutions and agencies that not only sensitize communities, but also strengthen the ongoing work for this vulnerable section of the society. At the institute we have taken every possible step towards sensitizing the community for bringing positive changes in the lives of many. The valuable support from Govt. of Gujarat, trustees and from the aware and sensitive members of our society, and the collective efforts of entire team BMI, is making it possible to progress towards building an inclusive society in the 21st century.

Dr. Madhu Singh

HIGHLIGHTS

2 New Educational Programs Started-**PDCP** and **CABT**

2 New ITC Courses started under **GCVT**

8287 Therapy Sessions Conducted

6500 Lives Touched

15 Employees Enriched with Professional Development

5 Agreements signed

8 Workshops/ Seminars/ Training Programs organised

1142 Students of other Educational Institution Visited BMI

100% Gujarat University Result for PGDRP Students

100% NEBR Result for ACCIED students

52 Awards won by PWD beneficiaries

34 internships of higher education

374 New Cases registered at OPD for Diagnostic Purpose

5 Medical/Health /Vaccination Camps organized for PWDs

01) Research & Education

- Research & Study
- Professional Education & Training



02) Mental Health Care Services

- OPD
- Therapy Services



03) Rehabilitation Services

- Prayas Group
- Chetan Group
- Sharda School
- MCW
- DCU



04) Community Outreach

- Prayatna



THE STRUCTURE

RESEARCH AND EDUCATION

The gradual growth of the institute has been enhanced based on the roots of intense research. The modules designed, the faculties trained, the curriculums revised and ultimately the betterment established are all a collective result of the research and past experiences and innovations shared and implemented at the campus. The institutional tasks were accomplished more effectively by the Institute's collaborative work with other agencies and workers who shared its aims in the field of preventive social medicine and rehabilitation. It sought the services of highly qualified and trained personnel with a psycho-dynamic approach in the medical and social sciences, viz. medicine, psychiatry, clinical & rehabilitation psychology, sociology, neurosciences, education and psychiatric social work.

RESEARCH AND EDUCATION CORE FACULTY

Dr. Rajul Malik

Ph.D Psychology and B.ED.
Special Education (MR)

Ms. Prachi Sharma

M.Phil. Rehabilitation
Psychology

Dr. Mritunjay Mukund

Master in Occupational
Therapy

Ms. Jankeedevi R. Vaishnav

M.Phil. Clinical
Psychology

Ms. Gurpreet Kaur Chabda

M.Phil. Clinical
Psychology

GUEST FACULTY

- ❑ Dr. Rakesh Sanghadia, MD, Psychiatry
- ❑ Dr. Suhas Doshi, MD, Psychiatry
- ❑ Dr. Punita Grover, MD, Psychiatry

Study/Research by BMI Faculty

Being a research institute BMI conduct research & study which are relevant to the field in 21st century

Dr. Rajul Mallik-
Study on
Occupational Stress
of professionals

Prachi Sharma-
Study on Early
Intervention on
Children with Special
Needs



TEAM OF PROFESSIONALS AT BMI/SHARDA

All professionals working at the Institute are registered with RCI/MCI/AIOTA

- Hiren Dave, Psychiatric Social Worker
- Charu Dholakia, Special Educator
- Rajendra Pandya, Special Teacher
- Ketan Kiratsata, Special Teacher
- Parul Sonara, Occupational Instructor
- Meghna Vyas, Occupational Instructor
- Sandeep Vadher, Craft Teacher
- Manisha Patel, Psychiatric Nurse
- Arti Thakkar, Special Teacher
- Anshuman Chavda, Special Teacher
- Mansi Prajapati, Special Teacher
- Mansi Vishal, Geneticist
- Radha Parmar, Special Teacher
- Jasmin Patel, Special Teacher
- Nirupkamal Ninama, Special Teacher
- Manisha Shah, Special Teacher
- Priti Purohit, Special Teacher
- Aku Rajput, Special Teacher
- Hetal Jani, Udyog Teacher
- Saman Hakim, Rehabilitation Psychologist
- Sumita Kusari, Rehabilitation Psychologist
- Shetal Shah, Speech Therapist
- Jalpa Bhatt, Occupational Therapist
- Hina Suthar, Rehabilitation Psychologist

INTERNSHIPS at BMI

34 Students completed Internships at BMI from other educational institution

- ✓ **St. Xavier's College, Ahmedabad- 2 students**
- ✓ **Indian Institute of Psychology and Research, Bangaluru- 1 student**
- ✓ **V.S.Hospital, Ahmedabad- 16 students**
- ✓ **S.K.P.P. Institute of PT and OT, Anand – 15 student**

Study undertaken by Vishav Jyoti, Ph.D Scholar of Electrical Engineering from Indian Institute of Technology, Gandhinagar (IIT, GN)

The study was conducted to understand the Joint Attention skill which is one of the pivotal skill for social communication deficits in children with Autism Spectrum Disorder.

New course started

The secret to development of an organization is not molding the old programs, but on designing and building the new. Professionals developed in these courses add to the qualified work force of INDIA.

Professional Diploma in
Clinical Psychology
(PDCP)

Certificate Course in
Arts Based Therapy
(CABT)

भारतीय पुनर्वास परिषद्
(सामाजिक न्याय और अधिकारिता मंत्रालय, दिव्यांगजन सशक्तिकरण विभाग के अधीन एक सांविधिक निकाय)
REHABILITATION COUNCIL OF INDIA
A Statutory Body under the Ministry of Social Justice and Empowerment
Department of Empowerment of Persons with Disabilities (Divyangjan)

8-39/P.D.(Cl.Psy.)/RCI 5068
13.07.18
3rd July, 2018
SPEED POST

CERTIFICATE OF APPROVAL

The Rehabilitation Council of India is pleased to accord **fresh** approval to **B.M. INSTITUTE OF MENTAL HEALTH Near Nehru Bridge, Ashram Road, Ahmedabad, EMAIL: director@bmimh.com** for running the following course:

Course	Duration of course	Intake Capacity
P.D. (Cl.Psy.)	One Year	06 (Six) (Maximum)

Note: - The approval can be withdrawn at any time if found violating RCI norms or any other reasons in public interest.

- The approval is for **five batches** i.e. 2018-19, 2019-20, 2020-21, 2021-22 & 2022-23 of 01 year duration subject to conditions that the RCI's standard syllabus and nomenclature are followed and facilities in the institute are maintained in accordance with the norms prescribed by RCI from time to time.
- The Institute is advised to fulfill all the conditions as prescribed by the Council. The faculty, special school, infrastructure, laboratory, library, curriculum transaction, research & development, etc. should be ensured as per RCI norms throughout the programme. The Council may depute team of visiting experts to evaluate the facilities and final examination etc. (Theory/Practical) at any time. The final examination shall be conducted in accordance with the norms as prescribed by the Council from time to time.
- Approval fee of **Rs.54,000/-** may be remitted to the Council through NEFT within one month. Details of NEFT is enclosed.
- The **shortcoming(s)** as mentioned at Annexure-"A" on the reverse page of this order must be removed within 03 months with intimation to the Council failing which the approval shall stand cancelled.
- No admissions shall be taken to the course without a valid prior approval of RCI. In case of violation, RCI will not issue CRR number to the pass outs and the certificate of approval for future may not be considered.

Receipt of the certificate of approval may be acknowledged.

(Dr. Kamlesh Kumar Pandey)
Chairperson

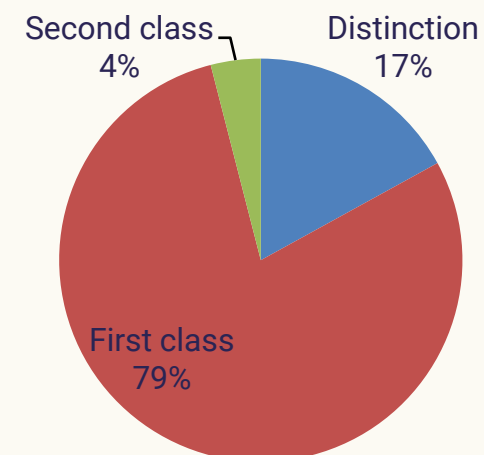
की-22, कुतुब इंस्टीटयूशनल एरिया, नई दिल्ली - 110 016
B-22, Qutab Institutional Area, New Delhi - 110 016
Tel.: 011-2653 2408, 2653 2384, 2653 4287, 2653 2816 Fax : 011-2653 4291
E-mail : rehabstd@nde.vsnl.net.in , rehcouncil_delhi@bol.net.in
Website : www.rehabcouncil.nic.in

ANNUAL PERFORMANCE REPORT

(Professional Courses approved by RCI)

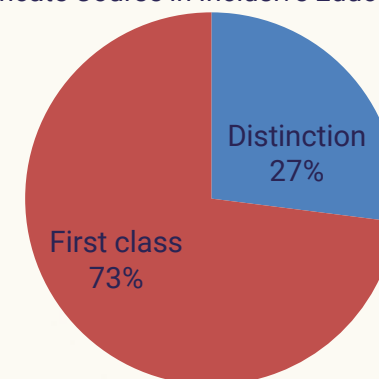
PGDRP* Course Students Result

*Post Graduate Diploma in Rehabilitation Psychology



ACCIED* Course Students Result

*Advance Certificate Course in Inclusive Education-Cross Disability



EDUCATIONAL VISITS AT B.M.I.M.H.

1142 Faculty and Students from 7 Universities and 30 Educational Institutions paid educational visits to the institute

- **Swarnim Startup & Innovation University Gandhinagar**
- **Central University of Gujarat, Gandhinagar**
- **Nirma University (Dept. of Architecture & Planning), Ahmedabad**
- **Ahmedabad University, Ahmedabad**
- **Pandit Deendayal Petroleum University, School of Liberal Studies, Gandhinagar**
- **Hemchandracharya North Gujarat University (Inst. of Architecture), Patan**
- **Parul University (Parul Inst. Of Nursing), Vadodara**
- **ESIC School of Nursing Khokhara, Ahmedabad**
- **Victoria Jubilee College of Nursing, Kalupur, Ahmedabad**
- **Shree H. K. Arts College, Ashram Road, Ahmedabad**
- **SSKK Mandal College of Nursing & Shree R.G.Patel**
- **General Nursing School, Kadi V.S. Hospital, Ahmedabad**
- **Sadhbhavna Trust, Ahmedabad**
- **River Side School, Ahmedabad**
- **Manikaka Topawala Inst. of Nursing, Changa**
- **Vishwabharati Eng. Med. School, Thaltej, Ahmedabad**
- **Ms. Aashna Kothari, Ahmedabad**
- **Social Justices Office, Ahmedabad**
- **Anant Inst. of Architecture, Ahmedabad**
- **Gujarat Commerce College, Ahmedabad**



- **A.M.C MET Nursing College, V.S. Hospital , Ahmedabad**
- **School of Nursing, General Hospital, Palanpur**
- **S.B.Patil College of Architecture & Design, Pune**
- **ITM School of Architecture Art & Design, Vadodara**
- **A.M.C MET Nursing College, V.S.Hospital Ahmedabad**
- **G.C.Patel Inst. of Architecture, Interior Design and Fine Arts, Surat**
- **Sharda College of Nursing, Gandhinagar**
- **Hospital for Mental health, Ahmedabad**
- **Sarvajanik College of Engineering & Technology, Faculty of Architecture, Surat**
- **MIT college, Aurangabad**
- **AMC MET Nursing College & Nursing School, Sheth V.S.Hospital, Ahmedabad.**
- **General Nursing School, General Hospital, Nadiad**
- **College of Nursing, Civil Hospital Campus, Ahmedabad**
- **Khyati College & School of Nursing, Ahmedabad**
- **College of Nursing, Civil Hospital Campus, Ahmedabad**
- **JG College/ School of Nursing, Ahmedabad**
- **Smt. A.S. Chaudhari Mahila Arts & Home Science College, Mahesana**
- **Shama College of Nursing, Ahmedabad**
- **Vision College of Education, Ahmedabad**

FACULTY DEVELOPMENT

An organization’s ability to LEARN, and translate that learning into ACTION rapidly is the ultimate.

Dr. Madhu Singh & Prachi Sharma
International Convention on Inclusive Education, Ahmedabad by DPS Society, N.Delhi and DPS, Gandhinagar (16th to 18th April, 2018)

Dr. Rajul Mallik
International Conference of Indian Academy of Health on 23-25 November, 2018, Nasik. Presented paper on “Á Study of Occupational Stress among Professionals”

Prachi Sharma
Conference on early Childhood Care & Education: Today and Tomorrow, Pune (25-26 September, 18). Presented a paper on “Early Intervention on Children with Special Needs

Mritunjay Mukund
56th Annual National Conference
AIOTA, PGIMER, CHANDIGARH on 8-10TH FEB, 19”
Interdisciplinary Approach Towards Comprehensive Healthcare”

CAPACITY BUILDING

The more people we help to develop, the more they get willing to help others.

Saman Hakim
Workshop on Jolly Phonic, 7-8 May, 2018

Rajendra Pandya
National Convention of Education of the Deaf on 5th December, 2018 . Presented a paper on “Strengthening Practices and Innovations in the Education of CWHI”

**Arti Thakkar
Ketan Kiratsata
Aku Rajput
Priti Purohit**

Advance Certificate Course
in Inclusive
Education- Cross
Disability

Continuing
Rehabilitation
Education

**Manisha Shah
Anshuman Chavda
Radha Parmar
Nirupkamal
Jasmin Patel**

Continuing Rehabilitation Education (CRE) organized by BMI with the approval of RCI in 2018-19

The Rehabilitation Council of India(RCI) is a statutory body under MSJE to regulate human resource development and monitor services given to persons with disability.



State Level CRE Workshop on Awareness for Learning Disability among School Going Children from 24th to 28th April, 2018.

CRE on Research in Disability Rehabilitation from 4th to 5th October, 2018

State Level CRE Workshop on Managing Behaviour in Classroom and Home from 11th to 15th February, 2019

Continuing Rehabilitation Education (CRE) organized by BMI with the approval of RCI in 2018-19



Conference, Workshop, Training Program and Seminar

- Parent Training Program on Managing Individuals with Autism Spectrum Disorder on 2nd April, 2018
- Stress Management Workshop at National Institute of Design on 8th & 9th August, 2018
- Seminar for professionals and parents on Down Syndrome: An Entity with Difference on 18th August, 2018
- Parent Training Program on Activities of Daily Living of Children with Intellectual Disability on 5th January, 2019 at BMIMH
- Captaining team, captaining ourselves by Michael Brearley on 31st January, 2019

Conference, Workshop, Training Program and Seminar



Professionals participation of BMI employees as guest speaker/resource person outside BMI

Dr. Madhu Singh

- Pandit Deen Dayal Petroleum University on 16th November, 2018 “Youth Well-being”
- Dr. B.R.Ambedkar Open University on 3rd December, 2018 “Harmony through Inclusive Education”



Dr. Rajul Mallik-

- Gujarat Kelavani Trust on 20-24 August, 2018 “Curriculum Planning and Development” during CRE
- Gujarat Kelavani Trust on 7th March, 2019 “Parents as Equal Partner in the Intervention Process”
- Raksha Shakti University on 11th March, 2019 “Motivational Counselling for Drug Addicts”

Charu Dholakia-

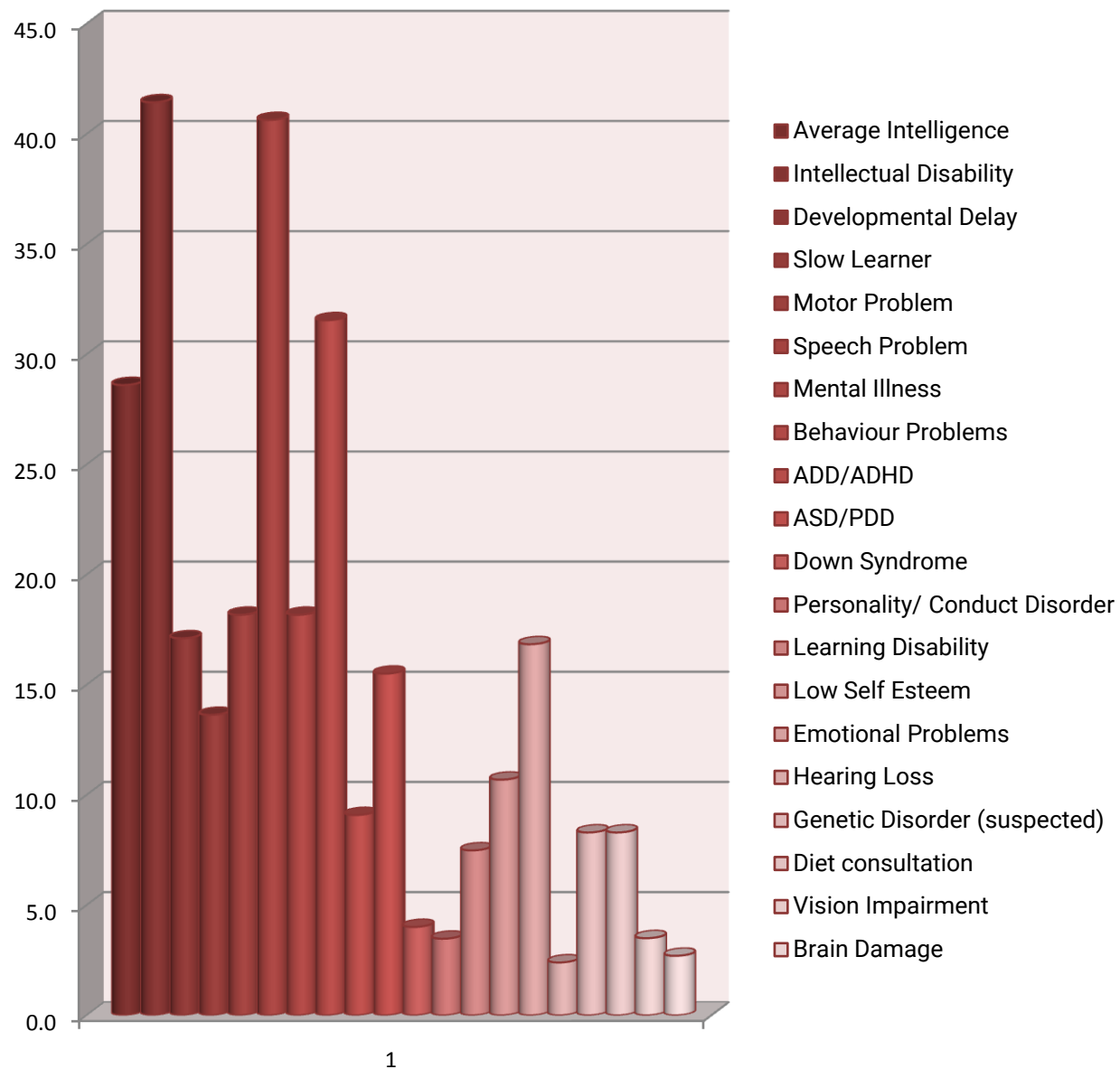
- Gujarat Kelavani Trust- 12th August, 2018 “Curriculum Development for Primary and Secondary Grade Students with Special Needs”
- Gujarat Kelavani Trust- 8th March, 2019 “Role of Special Educator in dealing with parents of special needs children”



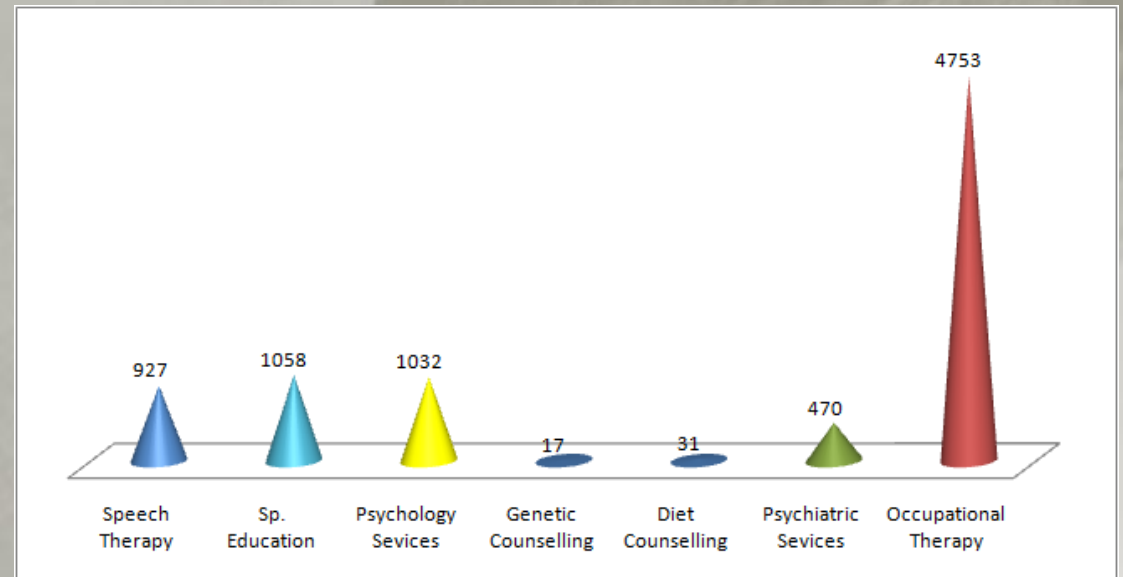
MENTAL HEALTH CARE SERVICES

Healing is a process. Mental health, in a way affects the overall health of an individual. BMI delivers it generous services from infants to adults with mental health issues and disabling conditions. Various programs scientifically designed in the curriculum of the institute helps the individual receive the best resources and faculties associated.

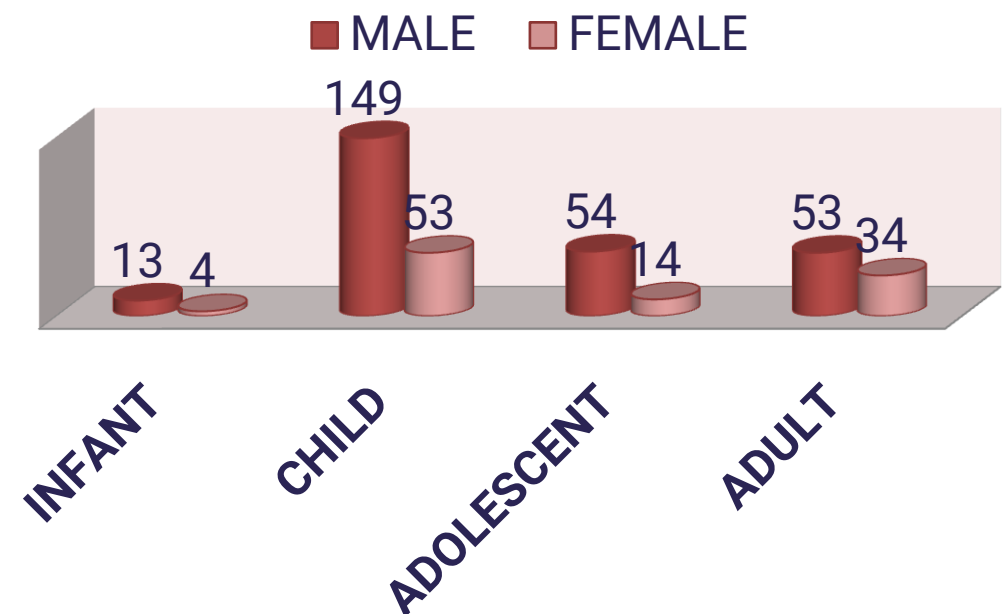
TYPE OF CONDITIONS ATTENDED AT THE OPD (2018-19)



THERAPY SESSIONS CONDUCTED (2018-19)

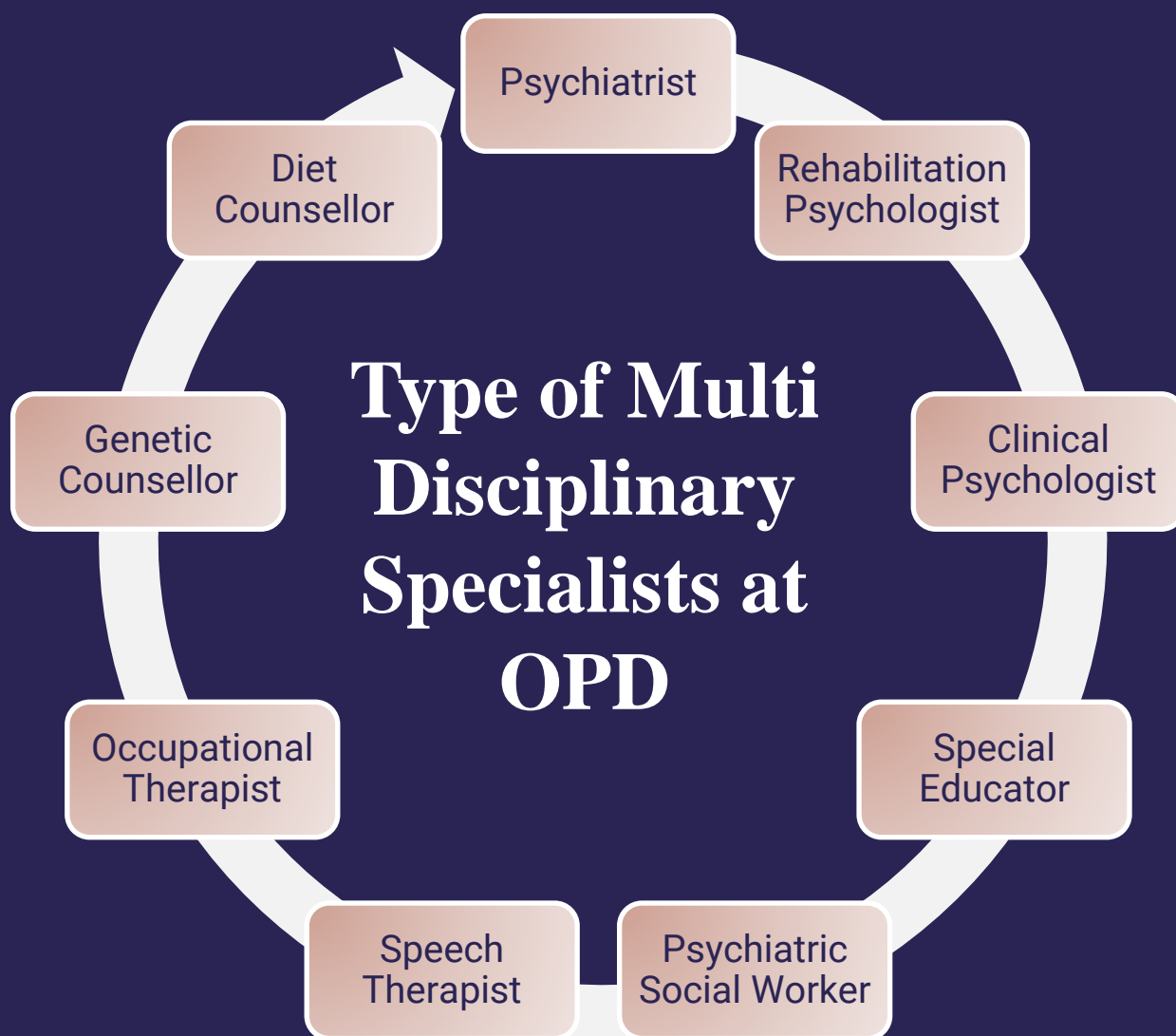


NEW CASE REGISTERED AT OPD (2018-2019)



- New registered cases-374
- Therapies conducted- 8287
- Type of conditions attended at the OPD -20

Type of Multi Disciplinary Specialists at OPD



Medical/Health/Vaccination Camp for PWDs

- ❖ Health Screening Camp under Rashtriya Bal Swasth Karyakram of National Health Mission from 11th to 14th April, 2018
- ❖ Rubella Vaccination Camp on 19th July, 2018
- ❖ Dental Screening Camp on 8th August, 2018
- ❖ General Medical Camp on 7th December, 2018
- ❖ Health Screening Camp under Rashtriya Bal Swasth Karyakram of National Health Mission on 19th February, 2019



REHABILITATION SERVICES

Recovery should come first, so that you won't have to wait till last for the things you love to do. Every great challenge forms a fertile soil in which a great recovery can take roots and blossom, but only if you plant the seeds of **REHABILITATION**. Several groups created at B M Institute of Mental Health are organized and dedicated to different sectors. They serve areas with students of various age groups affected with different issues/ conditions.

PRAYAS



It is a training group for children between 2-6 years of age. General stimulation for developing pre-educational skills, socio-communication skills, behavior and cognitive skills are given to children who are at risk of delayed development.

Team: Psychologist, Speech Therapist, Occupational Therapists, Special Educator and Social Worker.

No. of Beneficiaries: 10

CHETAN



It is a center offering specially designed educational program, therapies and intervention services to children diagnosed with Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD).

Team: Psychologist, Speech Therapist, Occupational Therapists, Special Educator and Dietician.

No. of Beneficiaries: 18

SHARDA SCHOOL

It is a special school registered under Social Defense Department, Govt. of Gujarat and offers Special Education and training in activities of daily living to children with Intellectual Impairment.

Team: Special Educator, Art Teacher, Occupational Therapist, Psychologist and Speech Therapist.

No. of Beneficiaries: 98



MCW Multi-category Workshop



MCW is a vocational setup where people having limitations in functional abilities, intellectual impairment or psychiatric problem are provided vocational training in various skills and trades. The training provided to beneficiaries help in vocational rehabilitation and their main streaming in society.

Serving Team: Special Educator, Rehabilitation Psychologist, Occupational Therapist, Craft Teacher

No. of Beneficiaries: 81

DCU- Day Care Unit

DCU is a rehabilitation center exclusively for emotionally disturbed people with psychiatric conditions having psychotic and neurotic problems. It works on a model of Treatment, Training and Rehabilitation. Cases are registered for day care services only.

Serving Team:
Psychiatrist, Rehabilitation Psychologist, Clinical Psychologist, Social Worker, Craft Teacher and Psychiatric Nurse.

Services: Psychiatric treatment, Individual and Family Counseling, Structured Program of Rehabilitation, Life Skill Training, Computer Skill Training and Vocational Skill Training.

No. of beneficiaries: 15



COMMUNITY AWARENESS AND OUTREACH

The greatness of a community is most accurately measured by the compassionate actions of its members. BMI as a team, undertakes an initiative and ensures spreading all the love and knowledge necessary for the mental growth of every individual eventually, the society as a whole.

Community Outreach and Awareness Programs under the Initiative **PRAYATNA**

Poster Exhibition on World Autism Awareness Day at B M Institute of Mental Health (2nd April, 2018)

Free Seminar for Parents on World Health Day at B M Institute of Mental Health (7th April, 2018)

Community Sensitization Program on World Schizophrenia Day at B M Institute of Mental Health (24th May, 2018)

Awareness Building on World Yoga Day at B M Institute of Mental Health (21st June, 2018)

Community outreach for early identification of mental health problems at SLU College of Nursing, Ahmedabad (2nd August, 2018)

Community Awareness Program on Suicide Prevention Day at B M Institute of Mental Health (10th September, 2018)

Mental Health Awareness Exhibition and Screening Camp at B M Institute of Mental Health (10th & 11th October, 2018)

Community Awareness for Understanding Children with Disability at HDFC Bank, Ahmedabad (25th February, 2019)

Community Outreach and Awareness Programs under the Initiative **PRAYATNA**



Skill Promotion for Sustainable Livelihood of PWDs

BMIMH provide vocational skill training to PWDs and advocate for their equal opportunity and participation In mainstream society.

Industrial Training Centre of BMI got approval from Employment and Training Dept. of GOG to offer two non-engineering courses exclusively for persons with intellectual disability. This is one of its kind vocational skill centre in Gujarat State.

For sustainable livelihood development, the institute organised skill promotion exhibitions which were managed by the trained PWDs of this institute.

- **SLU College of Nursing** on 2nd August, 2018
- **NIRMA University** on 18th August, 2018
- **Sadvichar Parivar Diwali Mela** during 19-21 October, 2018
- **ZYDUS Diwali Bazaar** on 24th October, 2018
- **B R Ambedkar Open University** on 2nd December, 2018
- **HDFC Bank** on 25th February, 2019

COLLABORATION

B M Institute of Mental Health signed agreement with 5 diverse institutions/organizations and collaborated for the research, education, services and skill training in 2018-19

- ❖ **Hospital for Mental Health, Ahmedabad**
- ❖ **ONGC, Ahmedabad for Nari Shakti Project**
- ❖ **Dr. Param Shukla, Psychiatrist, Ahmedabad**
- ❖ **NIRMA University, Ahmedabad**
- ❖ **Riverside School, Ahmedabad**

Community Support to BMI

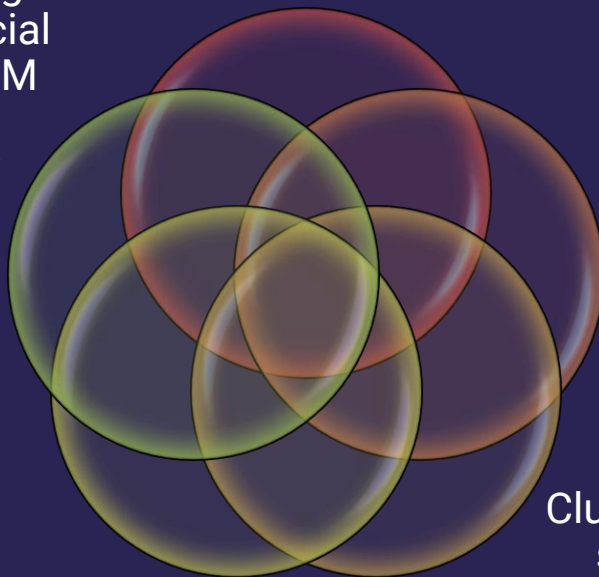
When we give cheerfully and accept gratefully, everyone is blessed. BMI is obliged to have gained support from lot of organizations taking a step ahead to a better world.

Little Support NGO
and Rotary
Club, Prahladnagar
felicitated Special
Teachers of B M
Institute on
Teacher Day

Khadi
Gramyodyog
supported
Drawing
Competition

Loins Club of
Ahmedabad
AROHAN
supported for
drinking water
cooler

Saksham
Foundation
organized
Garba Musical
Program for the
children of B M
Institute of
Mental Health



Rotary
Club, Prahladnagar
supported for
school bags for
children with
disability

PROJECT- NAARI SHAKTI

The institute entered into agreement with ONGC, Ahmedabad for project Naari Shakti, a tailoring project for vocational skill training to girl with intellectual disability. 26 girls are being trained for sustainable livelihood development. Continued support from ONGC from last two years for the project has resulted in building meaningful ability among enrolled beneficiaries of this project.



MOBILIZING VOLUNTEERS

Unselfish and noble actions are the most radiant pages in the biography of souls.

Sincere Gratitude To....

Nishmin
Marshal

Priyesh
Balakrishnan

Priyanka Patel

Deepanjana
Charoborty

Khyati
Gondalia

Jyoti Sharma

Dipti Yadav

SPORTS

Awards won by Special needs students of
B M Institute and Sharda School in
District & State Level
Sports events

Total participants in Dist. Level Sports-
163



SPORTS

Total participants in State Level
Sports- **28**



Eminent Guest

Successful people don't become that way over night; it is a result of hard work and hustle over time. Proud to have such inspirations at BMI.



**Neha Kumari,
IAS, Deputy Collector,
Ahmedabad**



**D.N. Pandey,
IAS, Commissioner, Disab
ility, Govt. of Gujarat**



**Michael Brearley,
Renowned
Psychoanalyst, London**



**Santosh Kumar Singh,
Sr. Vice President, Adani
Power, Ahmedabad**



**Dr. Vinod, Aggarwal
IAS, Rapporteur, Human
Rights Commission, New
Delhi**



**Dukhbandhu Rath,
Chief General
Manager, SBI, Gujarat**



**Dr. Ajit, Mathur,
Professor, Indian Institute
of
Management, Ahmedabad**



**Sanjay G. Hedao,
State Director, Khadi and
Village Industries
Commission, Gujarat**

Reunion at BMI

A reunion of ex professionals of B M Institute (1970 to 85) was organised on 15th January, 2019.

Professionals who attended the event relived the reminiscing years and walked through their memory lane remembering their valuable days spent at this glorious institute



HAND HOLDING BY WELL-WISHERS

We are thankful to everyone for their continuous support to B.M. Institute of Mental Health.

- S.V.ENTERPRISE
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- BHAGYESHBHAI H PATEL
- SHASHIKANJ J MUNSHAW
- RAJUL MALLIK
- SHAILABEN MUNSHAW
- LAUVA CHETAN C
- KALPANABEN SETALVAD
- KISHORBHAI PADIYAR
- NATVARLAL B BHAVSAR
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- LT.SMT MOLIBEN L VADHEL
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- HIRENBHAI DAVE
- SHETAL SHAH
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Campus at a Glance

After a wait of two years, BM Institute, Gujarat's oldest mental health institute, got the nod from RCI as well as the state government. Experts in the area believe that addition of six clinical psychologists will not only help in addressing the crunch in the state, but it will be of great help to address mental health issues across the country.

At present, only Gujarat Forensic Sciences University (GFSU) offers an M Phil in Clinical Psychology and they produce nearly 12 such professionals every year.

Clinical Psychology is a broad branch of psychology that focuses on diagnosis and treatment of mental, emotional, and behavioral disorders.

Confirming the same, Dr Madhu Singh, Director, BM Institute of Mental Health said, "We had sent a proposal to start this course two years ago but since we did not have enough faculty members, the request was rejected. Last year, after we recruited, we again sought permission to start the course. For 6 seats this year, we got 41 applications."

Referring to a report by National Institute of Mental Health and Neuro Sciences that studied 34,802 people across 19 states, Singh said, "The report showed that the lifetime prevalence of mental disorder is 13.7 per cent. Extrapolating the results of the 12 states to entire country would show that at least 150 million Indians are in need of intervention for mental health."

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EVENTS

Vaccination Camp



Diwali



EVENTS

Autism day

2nd April



Schizophrenia Day

24th May



Yoga Day



Navratri



Suicide Prevention

Day 10th September



Mental Health Day

10th October



Janamashtami



Rakhi



OT Day

27th October



Disability Day

3rd December

